

## **Skin Protection Concept**

What	When	What to use	How
Skin Protection	<ul> <li>Before beginning any work activities</li> <li>Before any skin-stressing tasks</li> <li>After washing one's hands</li> <li>Before putting on protective gloves</li> </ul>	Skin protection cream     eg. Stokoderm aqua	<ul> <li>Apply an approx. hazelnut sized amount on the back of the hand</li> <li>Carefully rub the cream in (spaces between the fingers, nail bed, fingertips, thumbs, wrists)</li> </ul>
Protective Gloves	<ul> <li>When in contact with water or hazardous substances</li> <li>Not to be worn when working with rotating machines</li> </ul>	<ul> <li>No latex gloves</li> <li>No powdered gloves</li> <li>Protective gloves according to the safety data sheet of the substances-</li> </ul>	<ul> <li>Only use protective gloves on completely dry and clean hands</li> <li>Apply skin protection cream beforehand and let it soak in</li> <li>Renew the gloves regularly</li> </ul>
Washing Hands	<ul> <li>In case of visible contamination</li> <li>Before work breaks</li> </ul>	Handwash compound     Disposable towel	<ul> <li>Allow handwash compound to foam up using lukewarm water</li> <li>Thoroughly rinse the space between fingers and dry off hands carefully</li> <li>When drying be sure to dab and not rub</li> </ul>
Hand Care	<ul> <li>Before lunch break</li> <li>After termination of work activities</li> </ul>	Nourishing hand cream     eg. Stokolan Sensitive PURE	<ul> <li>Apply an approx. hazelnut sized amount on the back of the hand</li> <li>Carefully rub the cream in</li> </ul>
Disinfect Hands	In accordance with hygienic guidelines	Hand disinfectant	Rub in thoroughly the disinfectant into the dry skin until it is no longer moist.

