

SSHE Newsletter 1/2019

June 2019

1) Organisational Adjustments SSHE

In order to boost its services and advisory activities, the Safety, Security, Health and Environment Department (SSHE) has made a number of organisational adjustments:

- The new section Occupational Medicine & Health Protection was launched on 1 March 2019, with occupational physician Leonhard Sigel MD as head. He is supported by Regula Rüegg, a specialist in building contaminants, and Patrick Lehmann, Head of the First Aid Team. These two functions have been integrated in the new section with a view to creating new synergies in the field of prevention and consulting.
- The new section Operational Environmental and Radiation Protection (BUSS) has been separated from the CABS section to reduce the ever-increasing range of topics and complexity in this field. The newly formed CABS Section – which now stands for Chemical Incident Response, Bio and Occupational Safety – is headed by Dr Ines Raabe, with Sebastian Ziegler as Deputy. The BUSS Section is headed by Dr Silke Kiesewetter; her Deputy is Andreas Hurni Teuscher.
- The SSHE Training section, headed by Anne Katrin Thomas, was boosted with the addition of Evelyn Mächler to the team, who was previously part of the CABS team.

Click here for the new [Organisational Chart](#) →. The SSHE Team's [contact people](#) → remain at your disposal for any queries you may have.

Assumption of IT Security Officer Duties by the CISO

Head of the SSHE Department, Katherine Timmel, was previously the IT safety officer in accordance with the ETH Zurich Acceptable Use Policy for Information and Communications Technology (BOT) ([BOT Art. 5](#) →). As of 1 June 2019, the majority of these duties will now be performed by the Chief Information Security Officer (CISO), Domenico Salvati. The Head of the SSHE Department will be responsible solely for determining and, if need be, sanctioning abusive conduct, security breaches or crimes via video recordings or electronic access controls for ETH Zurich buildings or sites (Art. 18³bis).

2) Additional Defibrillators at ETH Zurich



Practising with a defibrillator in a course at ETH Zurich (photo: Heidi Hostettler)

In the event of cardiac arrest, swift and proper action is crucial for the patient's survival and recovery – correct chest compressions must be initiated in combination with the use of a defibrillator within three minutes. In order to ensure first aid can reach the patient as rapidly as possible, ETH Zurich has purchased 11 additional defibrillators.

What should you do if you witness a cardiac arrest or a similar incident at ETH Zurich? Symptoms such as breathing difficulties, respiratory arrest, chest pains or loss of consciousness require swift action. At ETH Zurich, the alarm is raised via the Emergency Desk (AZ, 888 from internal connections or 044 342 11 88 externally). The AZ mobilises ETH Zurich's in-house [First Aid Team](#) → and the ambulance service, and can also connect you to the ambulance emergency call centre for advice (as of January 2020). The mobilised first aid officers – or even the person who raises the alarm – will bring a defibril-

lator to the site of the incident and proceed according to ETH Zurich's [reanimation algorithm](#) →: If the patient is unresponsive when addressed, pinch his or her upper arm. If there is still no response, the patient is deemed unconscious. The next step is to check the breathing: If the patient is not breathing or breathing abnormally, chest compressions must be initiated and the defibrillator connected.

Even though today's defibrillators contain instructions on how to use them, studies have shown that defibrillators are rarely used correctly without training. Using defibrillators correctly takes practice, just like where to position the hands to perform chest compressions. Consequently, ETH Zurich offers a one-day "First Aid at ETH Zurich" course. We wholeheartedly recommend you take part in this course. Find out where the nearest [defibrillator](#) → is located and attend the course. The dates are provided online in the [SSHE course calendar](#) →.

3) No Accumulation of Measles Infections at ETH Zurich



Measles infection
(photo: Centers for Disease
Control and Prevention)

From early January until 6 May 2019, 166 cases of measles were reported in Switzerland, almost eight times more than in 2018. This year, two members of ETH Zurich (status: 1 June) contracted measles; they were isolated cases, without any epidemiological link. Due to the high vaccination coverage rate among people at ETH Zurich who came into contact with the two patients, we decided (in cooperation with the Cantonal Medical Service - KAD) not to introduce access restrictions for non-immune members of ETH Zurich. SSHE regularly checks the [Swiss Measles Status Report](#) → (in German only) issued by the Federal Office of Public Health (FOPH) and discusses the local development regularly with the KAD.

ETH-members were informed about the first case of measles at ETH Zurich on 5 April 2019 and prompted to check their vaccine protection. The measles virus is one of the most highly infectious pathogens. Anyone who is not vaccinated or has not had the disease can even become infected if a patient sneezes several metres away.

As a result, once again we recommend checking your vaccine protection – for your own good and that of those around you. [Dr med. Leonhard Sigel](#) →, Head of the Occupational Medicine & Health Protection Section, is on hand to answer any question you may have.

4) First Specialised Veterinarian Title in Lab Animal Science Awarded

Good news for veterinarians specialising in laboratory animal science: The first three candidates for the specialised title have passed the review of their dossiers and the subsequent examination. Two candidates successfully completed an exam; a third candidate went through a simplified procedure for ECLAM titleholders (European College of Laboratory Animal Medicine). All three candidates are now entitled to use the title of Diplomate Specialised Veterinarian in Laboratory Animal Science (Dipl. SVLAS). Congratulations!

In order to receive the title, candidates need to submit a comprehensive dossier which provides information on their professional qualification and experience. The title is sponsored by SAVIR (Swiss Association of Veterinarians in Industry and Research; [www.SAVIR.ch](#) →). SAVIR supports veterinarians

in the fields of economics, industry, research and education with its network. More information on the specialised veterinarian title in laboratory animal science is available at www.SVLAS.ch →.



5) News in Brief

Hazardous Laser Pointers Prohibited as of 1 June 2019

As of 1 June 2019 the use and possession of class 1M, 2M, 3R or 4 laser pointers as well as unlabelled laser pointers is banned in Switzerland. Dispose of these kinds of laser pointers as waste electronic equipment by 1 June 2020 (dispose of the batteries separately). Class 2 laser pointers may still be used (however, only indoors – import of these laser pointers to Switzerland, for instance when flying home from abroad, is now prohibited as well) until 1 June 2021, after which they will have to be disposed of without delay. From 1 June 2019, you can purchase a spotlight pointer (Logitech Spotlight 5192985) as a replacement in ETH Zurich's office supplies shop (ETHIS Webshop). Further information is available on the [website](#) → of the FOPH.

New Push Message EduApp

The option of sending a push message to members of ETH Zurich in the event of a school shooting has been added to EduApp. This constitutes an additional option for informing ETH members, most of all the students, along with the existing alarm channels – email, text message (if the mobile number is registered at www.adressen.ethz.ch →), landlines and, where available, public address systems in buildings. It goes without saying that for this to work push messages need to be activated in the smartphone settings.

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