



Cortona

7. – 14. September 2013

A residential week in Tuscany for the discovery of values, which are often neglected in the natural sciences' academic education: arts, crafts, emotions and psyche, religiosity and body work, to foster and practice transdisciplinary thinking.

For ETH and ZHdK students:
3 credits, conference fee & group travel free.

Organization



Prof. Reinhard Nesper

ETH Zurich
Inorganic Chemistry
Wolfgang-Pauli-Str. 10
CH-8093 Zürich
+41 44 632 28 54
nesper@inorg.chem.ethz.ch



Marlen Karlen

ETH Zurich
Cortona Week
Wolfgang-Pauli-Str. 10
CH-8093 Zürich
+41 44 632 59 74
karlen@inorg.chem.ethz.ch



Prof. Giaco Schiesser

Zurich University of the Arts
Director Art & Media
Ausstellungsstrasse 60
CH-8005 Zürich
+41 43 446 46 46
giaco.schiesser@zhdk.ch

Impressum

Editor: Marlen Karlen
Design poster and program:
Bonbon – Valeria Bonin,
Diego Bontognali mit Pierrick
Brégeon, Zurich
Printing: Inka Druck, Zurich
www.cortona.ethz.ch

ETH

Eidgenössische Technische Hochschule Zürich
Swiss Federal Institute of Technology Zurich

Z

hdk

Zürcher Hochschule der Künste
Zurich University of the Arts



Welcome to Cortona 2013

NON-LOCAL

Nonlocality has become one of the most important concepts in modern quantum theory, and its consequences have been debated over decades. An influential historical root of the concept of nonlocality is a paper by Albert Einstein et al., in which the authors argued that quantum mechanics implies correlations similar to actions-at-a-distance which are absurd within the framework of local realism.¹ Since Einstein believed strongly in the locality of nature, his conclusion was that quantum mechanics must be an incomplete theory, to be backed up by something more fundamental. In a seminal paper, John S. Bell proposed an ingenious way to test the idea of local hidden variables for quantum mechanics with what is today known as the Bell inequality.² The first conclusive experimental tests of this idea by Alain Aspect et al. demonstrated that this inequality is violated for quantum systems.³ Hence, the local realism of classical physics must be replaced by a basically nonlocal conception of the reality of the quantum world. Currently, most physicists and philosophers of physics have accepted that nonlocality is a crucial feature of nature, and if there are hidden variables at all, they must be nonlocal rather than local.

In extending such fundamental insight, we would like to ask whether such keywords do carry meaning beyond the rigorous physical framework and do connect to reality. How important are indeterminism and ambiguity de facto for daily life, for our planning of future, for our professional activities and feelings – for the first person view of reality? Do we work with an implicit insecurity/inpredictability buffer which could cope with the unforeseen? Yes or no or yenos? Do emotions, understood as fast and comprehensive judgements, just carry that imponderability which accounts for such non-local reality? Eventually, different answers employ for different persons according to their personal settings – interlectually, emotionally, traditionally and psychically or whatever

1 – Einstein, A., Podolsky, B., and Rosen, N. (1935): *Can quantum-mechanical description of physical reality be considered complete?* Physical Review 47, 777-780.

2 – Bell, J.S. (1964): *On the Einstein Podolsky Rosen paradox.* Physics 1, 195-200.

3 – Aspect, A., Dalibard, J., and Roger, G. (1982): *Experimental test of Bell's inequalities using time-varying analyzers.* Physical Review Letters 49, 1804-1807

else. However, there maybe a common feature, too. And what can make you self-confident in such a world – what not? Can you strip off your roots and dive deeply into interculturability? Does the internet really promote a non-local world culture or does it make us dependent on very local authorities which we only happen to know by chance, once in a while? Will privacy become indefensible?

We will try to dig into such questions and provoke answers from varying (inter)cultural points of view. We are looking forward to meeting you again in Cortona 2013 – very locally and with open minds.

Reinhard Nesper
ETH Zürich

UTOPIA - NO PLACE, NOWHERE

In the Arts as well as in the humanities and in philosophy “utopia” (literally: no place or unplace) and its antipode “dystopia” are probably the best known topics in relation to the broad field of non-local.

The two topics of utopia/dystopia run from Thomas Morus' *Utopia* (1515) and Tommaso Campanella's *City of the Sun* (1623) via Fritz Lang's *Metropolis* (1927), George Orwell's *1984* (1949), *Fahrenheit 451* (Ray Bradbury 1953/Francois Truffaut 1966) to Ridley Scott's *Blade Runner* (1982) an current videogames like *Fallout: New Vegas* (2010).

The closer you look at the notion “utopia” and the discourses about it in the arts and in philosophy the more it becomes obvious that it is driven by a paradox.



On the one hand it is an u-topia in its full sense, an absolute non-place, on the other hand it permanently has been fixed, described, imagined in philosophy, literature, fine arts, music, theatre, movies and video-games over the last five hundred years. A no-place, society seems to need constantly. An unplace, which has an eminent effect on our way of understanding, shaping and building our world. In brief, utopiae (and dystopiae) are non-local and local at the same time.

Besides this long running topic there is vast variety of different topics in the arts and humanities, which deal in a profound way with the problematic of non-local. Ecological and social studies e.g. have coined the word "glocal" and pointed to the urgent necessity to think globally and to act locally, since Freud we know that every individual in truth and reality is a di-vidual, that "I/Me" is many at the same time and dis-located all the time. Migration studies worked out that more and more people in the big cities are located at different places at the same time (or at non places at all anymore) and in military production and military studies as well as in the arts, "camouflage" denotes an up-to-date technique that makes invisible, non-local, something which is here at the same time – the local as a non-local.

And, as we just have learned, in the endless space of digital networks Secret Services are non-local, non locatable, but they are there: pluri-local, and all the time.

Giacco Schiesser
ZHdK



LECTURES

- 12 **Michael Fitzpatrick**
"The Tao of Bach"
- 13 **Chungliang Ai Huang**
Three Pillars of asian Wisdom
- 15 **Diego Hangartner**
Where Is My I?
The non-localization of the self
- 16 **Felix Hasler**
Mind The Gap!
Why we shouldn't be "going neuro"
- 18 **Gunhild Kübler**
Emily Dickinson's Global Reach
- 19 **Olaf Kübler**
Economic Growth and
Human Well Being
- 21 **John D. Liu**
Emerging in Paradise: Paradise
Lost – Back to the Garden
- 22 **Maria-Sibylla Lotter**
Lying
- 23 **Patrick Müller**
Take a walk on the sound bridge
- 26 **Monika Renz**
Spirituelle Erfahrungen
von Sterbenden – das Ich stirbt
in ein Du hinein
- 28 **Hans-Jörg Rheinberger**
The Local and the Non-Local
in Research
- 32 **Joachim Simon**
The Evolutionary Economy
– below the surface of globalization
- 33 **Brother David Steindl-Rast**
Key-words On This Year's Topic:
Non Local



WORKSHOPS

- 8 **Jürg Altherr**
The Organization of the Void
- 9 **Shams Anwari-Alhosseyni**
Calligraphy
- 10 **Corinna Bünger**
Exploring Embedded Solutions
- 11 **Uta Christ-Milz & Helmut Milz**
Present Moments
- 14 **Ulrike Hamann & Viola Plump**
Communication
– How “GLOCAL” is it?
- 17 **Eveline Hauser & Tony Majdalani**
Drumming
- 20 **Christine Kuhn**
Biographix
- 24 **Asia Andrzejka Naveen**
A Non-local Place within Us
- 25 **Colori Theater**
Improvisation Theatre
- 27 **Monika Renz**
Eine Klangreise an
die Grenzen des Ich
- 29 **Milos Savic**
Stop! Motion Video
- 30 **Andreas Schneider**
Stone Carving Atelier
- 31 **Hans-Peter Sibler**
Taiji and Qigong
- 34 **Marianne & Ivan Verny**
Dreaming between Time-
Space & Everyday Reality
- 35 **Cornelia Walterspiel**
Ki: Ai Ki Do
- 36 **Selina Weber Gehrig**
Morning Song
- 37 **Adrian Wirth & Paola Deprez**
Yoga
- 38 **Nick Woolsey**
Explore Your Mind–Body
Connection with Poi!
- 39 **John Wolf Brennan & Chasper Mani**
Glocal Sounds & Global Yodeling
- 40 **Saajid Zandolini**
Painting Atelier
Mediation
- 42 **Travel information**
- 43 **Location**
- 44 **Cortona Conferences**
1985–2014
- 45 **Notes**



Jürg Altherr



Bildhauer und Landschaftsarchitekt BSLA. 1944 geboren. Lehrtätigkeiten an der Fachhochschule Rapperswil (1976–1983 und 1989). ETHZ Plastisches Gestalten (1979–1981). Werke in privatem und öffentlichem Besitz. Arbeitsschwerpunkt: Kunst und öffentlicher Raum.

www.plastiker.ch/altherr

THE ORGANIZATION OF THE VOID

Walking through Cortona Town

The void is here, wraps us into it, from here to infinity and we seal us into it. We carry these imprints along where we go: streets, places, light and shadow. How do buildings, trees and gates imprint themselves into the void and how is it organized as a whole? A very local walk which may be experienced everywhere.



Workshop

**Shams Anwari-
Alhosseyni**



1937 in Teheran geboren; 1956 Meisterprüfung als erster Kalligraph an der Akademie der Schönen Künste Teheran mit Berechtigung zur Lehrtätigkeit, und zweijährige Lehrtätigkeit für Mathematik in Teheran; 1958 Studien in Medizin, Orientalistik, Ethnologie und Musikwissenschaft, Universität Köln; 1985 Promotion Orientalistik, Ethnologie, Medizin; 1974 bis heute Dozent für persische Sprache und Literatur und islamische Kalligraphie, Universität Köln; 1997 ordentliches Mitglied der Europäischen Akademie der Wissenschaft und Künste; zahlreiche Ausstellungen.

EINE ZEITLOSE KUNST

Islamische Kalligraphie

Kalligraphie ist die Handschrift der islamischen Kultur. Sie ist aus der Notwendigkeit entstanden, sakrales und profanes Wissen und Weisheit kunstvoll zu vermitteln. Sie bleibt der Höhepunkt der bildenden Kunst. Vor tausend Jahren versuchte ein begnadeter Meister der Kalligraphie, Ibn Mughla, sechs unterschiedliche Duktus zu kanonisieren. Diese genießen immer noch eine zeitlose Gültigkeit.

In diesem Seminar werden wir Wissenswertes über Geschichte, Typologie, Schreibmethode und –technik des alten und neuen kalligraphischen Duktus erfahren. Mit Spezialfeder und Tinte werden wir die schönen, geschwungenen Schriftzeichen üben und zur inneren Konzentration und Sammlung gelangen. Eine Diavorführung beschliesst das Seminar.

This workshop is in German language.



Workshop

Corinna Bünger



Dipl. Math. (UZH), Dipl. POP. Process oriented psychologist and facilitator (Institut für Prozessarbeit, Zürich). M.A. in Conflict Facilitation and Organizational Change (Process Work Institute, Portland, OR, USA). Corinna is also a self-management trainer (Zürcher Ressourcen Modell ZRM®). Additionally, she has a private practice in Winterthur and works as a supervisor, trainer and conflict facilitator. Her passion in all of her work is to support people in connecting with their core vision and power.
www.entwicklungsspielraum.ch

EXPLORING EMBEDDED SOLUTIONS

Our minds and our feelings are definitely non-local. In our minds we can travel to whatever places we would like. We can be inventive and anticipative, prospecting our ideas into the future or explaining to ourselves the past. Sometimes this happens in an unconscious way. Any small signal can trigger a total different mindset and feeling atmosphere in the universe of our unconscious extensive memory, may it be happy or sad, angry or grateful, loving or full of remorse. These feeling states might not get along with our every day identity and goals and might cause inner conflicts, difficulties in relationships, body symptoms, addictive tendencies, obstacles in our work, or maybe also ideas, intuitions and dreams that do not fit in and seem absurd. We might experience them as a parallel world. Mainly we have the tendency to see these signals as disturbances.

Corina Bünger advocates the perspective of seeing these disturbances as invitations to get to know ourselves. The hypothesis she works with is that at the core of what we call problems, the solution is already embedded. In intentionally slowing down the present experience, in gently and attentively exploring the quality and energy of the disturbance, in fathoming its essence we may find new creative ideas and solutions to cope with our everyday challenges.

During the workshop times, Ms. Bünger provides space for these kinds of explorations in private sessions. It will also be a time to integrate these experiences into the here and now. Ms. Bünger offers a variety of work methods: therapeutic conversations, role play, working with movement, connecting to our body experience, and more.

10

Workshop

Uta Christ-Milz



MA, studied psychology, political science and American literature in Heidelberg, Berlin and Berkeley (California). She is a certified practitioner of the Feldenkrais-Method and of Mindfulness-Based Stress Reduction (J.Kabat-Zinn). Since 1994, she works with groups and individuals in private and clinical settings.

Helmut Milz



MD, studied medicine and sociology in Berlin, is honorary professor of psychosomatics and public health, and holds specialty degrees in psychosomatic medicine, psychotherapy and general medicine. Milz is also a former in-house consultant to the WHO. He teaches at the University of Bremen and is author of various books.

www.helmutmilz.de

PRESENT MOMENTS

Awareness has no center and no periphery – it is non-local. What is required is nothing special, just simply paying attention and wake up to the moments as they are – all else will follow – hopefully.

In this workshop we will come to our senses and ourselves, allow inner space and time for rest, breathing, emptying the mind, exploring movement, improving health and self-healing.

"Since I grew tired of the chase and search, I learned to find." (F. Nietzsche)



Workshop

Michael Fitzpatrick



“THE TAO OF BACH”

Performance by Michael Fitzpatrick, together with Chungliang Ai Huang

Michael Fitzpatrick performs together with Chungliang Ai Huang in “The Tao of Bach”: East Meets West – Taiji Dancing Inspired by J.S.Bach’s Cello Suites (Seite 13.).

Hailed by the New York Times as possessing “A sense of humor, virtuosity – and an ear for musical dialogue”, Michael Fitzpatrick has shared the world stage with His Holiness the XIVth Dalai Lama for the past 16 years as part of the TUNING THE PLANET production he is spearheading.

He has performed as soloist around the globe for the past 30 years, notably at the Hollywood Bowl, Lincoln Center, Town Hall, the Aspen Music Festival, and, most recently, for the 100 Year Anniversary Concert honoring its Founder the late Gian Carlo Menotti at the Spoleto Festival of Two Worlds in Spoleto, Italy. He comes from a family of distinguished musicians and artists of Polish, Ukrainian, Catalanian, French and Irish descent, including Rose Bein Lerman, pianist to famed Cantor and tenor Jan Peerce, and the great violinist Bronislaw Huberman, founder of The Israel Philharmonic.

www.michaelfitzpatrick.com

Chungliang Ai Huang



Philosopher, performing artist and internationally acclaimed Tao master, he is the founder-president of the Living Tao Foundation and the international Lan Ting Institute in the sacred mountains in China, and on the Oregon Coast, USA. He is one of the most sought after speakers in the field of human potentiality, on cultural diversity and creative dynamism in global business, education and all arenas of life.

AI Huang is a research scholar of the Academia Sinica, and a fellow of the World Academy of Art and Science, and an assembly member for the Council for A Parliament of the World Religions. He received the highest rated New Speaker Award from Young Presidents' Organization, the New Dimension Broadcaster Award, and the prestigious Gold Medal from the Ministry of Education of the Republic of China.

A close colleague and collaborator with the late scholar Alan Watts and mythologist Joseph Campbell, Huang was featured in the inaugural segment of Bill Moyers' renowned PBS "World of Ideas" series. He is the author of numerous best-selling books.

www.livingtao.org

THREE PILLARS OF ASIAN WISDOM

A Practical Adaptation for Living Wisely in the West and in the World

Confucianism, Taoism and Buddhism (Zen) have always been fully integrated in the living philosophy of the East. These three balancing pillars form the inseparable composite, focusing on human relationship in family and at work, following nature's organic patterns in repose at maturing age, and peacefully contemplating on life's inevitable closure with revelations into higher consciousness, opening the gateways of Mystery between Life and Death and Rebirth. Chungliang Ai Huang will guide the audience through the wisdom and practice with these ancient Chinese teachings, with an invitation to view these potent, visual and kinetic Chinese symbols, to meditate along with participation through the Tai Ji practice.

Chungliang Ai Huang performs together with cellist Michael Fitzpatrick: "The Tao of Bach": East Meets West – Tai Ji Dancing Inspired by J.S.Bach's Cello Suites (Seite 12.)

Ulrike Hamann



Ulrike Hamann is an anaesthesiologist, specialized in pain management, palliative care and psychotherapy. She works as head of the department of pain therapy in a highly specialized hospital in southern Germany. Topics and questions of the workshop are basic problems in her interactions with patients every day.

Viola Plump



Viola Plump conducts her freelance business as coach, consultant and trainer focusing on communication, change, leadership and job fitness. She is used to act on different stages such as profit-, non-profit organizations and individuals of all hierarchies and technical backgrounds. She performs her business all over Germany.

COMMUNICATION - HOW "GLOCAL" IS IT?

What is needed for adequate and suitable communication in diverse scopes of life? How might it be possible to recognize our own goals and transfer them successfully in our communication?

In our interactive workshop consisting of three consecutive modules we will take a look at challenges, threats and opportunities hidden behind the aim to balance verbal and non-verbal communication in virtual and real situations in appropriate congruency.

While getting familiar with and applying classical models and theories of communication (Schulz von Thun/Watzlawick) you are encouraged to incorporate your own experiences and actual demands so that you can improve and enrich your communication.

We will also reflect on a very trendy topic – resilience and its impact on our life. Furthermore, a digressing discussion about symptoms of burnout will complete our workshop.

In this connection and in agreement with the topic of Cortona 2013 "Non Local", the problem of overstress and even burnout feelings will be included.

Diego Hangartner



Diego Hangartner completed his studies in pharmacology at the ETH Zurich, specializing in psychoactive substances.

His main interest is understanding the mind and consciousness. He lived for 11 years in Dharamsala, India, learned Tibetan, and studied for 7 years at the Institute of Buddhist Dialectics. Diego has completed several retreats, worked as an interpreter, translating Tibetan into many languages.

On returning to Europe in 2003, he taught widely, and organized the Dalai Lama's visits to Switzerland (2005) and Hamburg (2007).

Diego has been working with the Mind and Life Institute since the 1990's, and is now Director of Mind and Life International. With his background and experience, Diego has successfully led many retreats and workshops integrating Meditation and Science.

WHERE IS MY I? THE NON- LOCALIZATION OF THE SELF

Many traditions have tried to explain the existence of the self: religions, philosophies, biology, even modern neuro sciences. Each of these thought traditions introduce and use concepts in order to define the self. These concepts are often based on specific assumptions, and a corresponding analysis reveals that in principle there are two fundamental concepts at work: some traditions postulate a self that is solid, inherent and independent; while others declare that a thorough investigation shows that no self with an independent existence can be found.

Buddhist and modern neuro sciences converge in that they do not endorse an independent, inherent self, and agree that the self is non-localizable. But how come we experience ourselves as a constantly reaffirming, solid and 'real' self? Why is it important to explain the self? What are the consequences of us misapprehending our self? Could it be that reality is in juxtaposition with our experience of our self?

In this presentation, Diego Hangartner will introduce the audience to the concepts of self from both neuroscience and Buddhism. He will explore the latest research findings, outline the areas of convergence and difference of these concepts, and present the consequences that such concepts entail particularly in view of one's suffering and well-being.



Felix Hasler obtained his PhD in pharmaceutical sciences from the University of Bern. From 2000 to 2010, he was a research associate in psychopharmacology at the University Hospital of Psychiatry in Zurich, where he conducted experimental research into the neurobiological mechanisms of action of hallucinogenic drugs. Felix then moved to the Max Planck Institute for the History of Science in Berlin where he was working on the book project "Neuromythologie", a critique on the interpretative authority of the "new sciences of the brain". Since 2011, Felix is an associated researcher at the Berlin School of Mind and Brain at Humboldt University.

MIND THE GAP! WHY WE SHOULDN'T BE "GOING NEURO"

The neuroscientific turn in the humanities and the social sciences has led to a permeation of neurobiological modes of explanation of almost every aspect of the human condition. From (neuro)economics to (neuro)law and from (neuro)philosophy to (neuro)psychoanalysis, brain science has become the leading tool of analyzing culture and society in the 21st century. Both in the scientific discourse and in public perception, we are witnessing the dawning of the "age of neuroessentialism": We do not only have a brain, we are our brains.

As "cerebral subjects" (Fernando Vidal), we tend to conceptualize our woes and sorrows in everyday life as "generalized anxiety disorder", caused by chemical imbalances in the brain and amenable to treatment by pharmaceutical drugs. Prominent neurobiologists call for revision of criminal law because they conceive „free will“ as a mere illusion – and claim that this has been proven in scientific studies. Other scientists search for biological markers in the brain that could predict criminal behavior.

In contrast to these bold concepts, empirical evidence from the "new sciences of the brain" is poor and the seemingly intriguing results are rarely reproducible. With respect to the scientific facts, the contemporary self-conceptual move from "personhood" to "brainhood" is not warranted. In my talk I will try to show by the examples of neuroimaging and biological psychiatry, that there is little ground for all these overenthusiastic neuroscience-claims that appear both in science and the media so often these days. Instead I call for more humility in the face of ignorance.

Eveline Hauser



Born in 1961. She teaches African rhythms on the djembe and bass drum since 1994. She toured and worked in Senegal with Saf-Sap, organizes and gives courses in Senegalese dancing and drumming. She is also an active member of the theater group Colori. Eveline is mother of two sons and lives in Appenzellerland.

DRUMMING - SELF-AWARENESS AND COMMUNICATION

During Cortona Week, participants will have the opportunity to drum, make music and improvise using elements from African and Arabic rhythms. The goal is not only self-awareness, but also communication: how does playing in a group touch the various aspects of being part of a community? Drumming presents the opportunity for certain experiences to happen, such as a whole-body experience, a sense of the flow of energy in the group or a redefinition of what it means to be an individual in a group.



Tony Majdalani



Is Palestinian, lives in Zurich with his wife and two daughters; his interest lies in the use of drumming to expand awareness, to connect to oneself and to change.



Gunhild Kübler, Dr. phil., studied German and English philology at the universities of Heidelberg, Berlin and Zuerich. Since 1982 she is working as an essayist and literary critic for Swiss and German media. She was among the editors of *Weltwoche*, columnist to *NZZ am Sonntag* and from 1990–2006 she was a member of the Swiss Television's monthly panel presenting new books (Literaturclub).

For her translation of 600 poems of Emily Dickinson into German she was awarded the Paul Scheerbart-Preis of the Rowohlt-Foundation in 2008. Currently she is preparing for Hanser-Verlag the first complete translation of Emily Dickinson's almost 1'800 poems into German.

Among her books:

Daheim und Daneben. Wo Schriftsteller zu Hause sind, 2001

Emily Dickinson. Gedichte, 2006

Noch Wünsche? Kolumnen, 2008

Leidenschaften. 99 Autorinnen der Weltliteratur, 2009

EMILY DICKINSON'S GLOBAL REACH

The American poet Emily Dickinson (1830–1886) is one of the most amazing figures in the history of literature: A nineteenth-century New England woman, spending all her life in the strictly puritan milieu of her hometown Amherst (Mass.). Her existence seems to be local to the extreme – after her 30. birthday she did no longer set foot out of her father's house and garden. Later she used to retire to her room when visitors came, sometimes leaving the door ajar, to be able to talk to them. She wrote secretly and copiously, producing nearly 1'800 poems and sending one third of them in letters to close friends. But the rest she stored in a chest of drawers in her bedroom. Only ten of her poems were published during her lifetime.

Since her death, this quiet and recluse poet has started to transit space and time. Her poems are being translated into numerous languages and are passionately loved and studied all over the world. And Emily Dickinson has become the darling of modern composers and pop singers from Aaron Copland to Carla Bruni. Today she is reckoned to be the poet most set to music, ever.

My talk will introduce you to this private poet who came to have such an astonishing global reach. Let us find out together what is the appeal of Dickinson's verses for 20century readers.



Olaf Kübler is Professor emeritus and past President of ETH Zürich (1997–2005). He holds undergraduate and graduate degrees in theoretical physics from TU Karlsruhe and ETH Zürich respectively, and obtained his doctorate from the University of Heidelberg. He is a member of the German Council of Science and Humanities (Wissenschaftsrat), the councils of the Einstein Foundation Berlin, and the University of Stuttgart. He serves on the Board of Trustees of the National University of Singapore (NUS) and on the President's International Advisory Council of King Abdullah University of Science and Technology (KAUST). He was co-author of the blueprint for the creation of the Institute of Science and Technology Austria (IST Austria), and he serves on its Board of Trustees. Olaf Kübler is a partner of Robert Bosch Industrietreuhand KG and also serves on its Supervisory Council.

ECONOMIC GROWTH AND HUMAN WELL BEING

GDP is neoliberal globalized economy's criterion to judge development and to rank nations. Attempting to capture complex reality in one number is just vulgar, however, GDP has been effective and influential – but can we do better?

To define what well-being means a multidimensional definition has to be used. Based on academic research and a number of concrete initiatives developed around the world, a commission mandated by the French Government in 2008 proposed a "Measurement of Economic Performance and Social Progress" (Joseph E. Stiglitz, Amartya Sen, Jean-Paul Fitoussi) <http://www.stiglitz-sen-fitoussi.fr/en/index.htm>

Looking at well-being must include the temporal dimension: is it sustainable? Assessment of sustainability involves many assumptions and normative choices. This is further complicated by the fact that at least some aspects of environmental sustainability (notably climate change) are affected by interactions between the socio-economic and environmental models followed by different countries.

The fundamental issue will be whether our present life-style is compatible with the well-being of future generations. Do we live beyond the planet's means? On a local or on a global scale?

A decade ago, ETH Zurich declared the 2000 Watt society which, as a precautionary policy, has been incorporated into the mission statement of the City of Zurich. Conservatives regard the model utopian as evidence increases it will require adaptations to our present life-style, despite favorable local boundary conditions.

Christine Kuhn



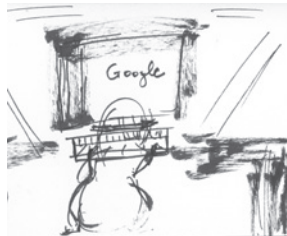
Christine Kuhn studied medicine, specialized in Child- and Adolescent Psychiatry, trained in Psychoanalytical and Systemic Psychotherapy. Her scientific interest are webbased diagnostic systems and webcomics. In 2011 she took an M. A. in Fine Arts / Transdisciplinarity at the Zürich School of Arts. She uses comics to explore concepts of identity and biographies between rational understanding and intuitive perception.

BIOGRAPHIX

Drawing The Mangas Guide to your Own Galaxy

Graphic stories are an ancient and diverting form of human communication. And they are an ideal tool for the exploration of our imaginary and virtual worlds. Although comics are omnipresent in user manuals, on the margins of old schoolbooks or daily press, they are hardly ever perceived as an art form.

We will challenge the questions of the Universe, the Arts, Time and Space, and our own Biographies using a simple pen, and adequate humor. We will draw comics- individually or in teams – to tell stories of our everyday heroes, we will depict difficult quests, undecidable decisions, monsters, dream castles and the sand they are built on. While texts enable us to tell plausible stories, the pictures have the potential of counteracting these by offering a dynamic and multi-sensual level. Pictures are part of our very early human memories and skills. There are no special technical skills needed, materials are provided.



20

Workshop

John D. Liu



John D. Liu is Director of the Environmental Education Media Project (EEMP). He is also a Senior Research Fellow for the International Union for Conservation of Nature (IUCN) and is a Visiting Fellow at the Faculty of Earth and Life Sciences, VU (Vrije University Amsterdam).

johnliu@eempc.org

EMERGING IN PARADISE

Paradise Lost – Back to the Garden

Using videotape gathered in decades long inquiry on a planetary scale, John D. Liu, will share a vision of the evolution of the Earth's ecological function, examine human history and show how and why the Earth's ecosystems have been disrupted by human beings. Currently, as humanity faces numerous problems including biodiversity loss, desertification, climate change, poverty, disparity and war, solutions are desperately needed. John will examine the causes and effects of human behavior that are deteriorating the natural ecosystems. In doing so, he will attempt to identify the fundamental mistake that is driving the destruction and show how it is possible to correct this mistake sending humanity onto a completely different and much more sustainable path into the future.



Maria-Sibylla Lotter studied Philosophy, cultural anthropology and religious sciences at the universities of Freiburg, Berlin and St. Louis / USA. At present she teaches philosophy at the Universities of Zurich and Stuttgart. Her main interests are the history of philosophy and ethics. Her most recent research concerns the relationship of the arts and ethics, the comparison of cultures and the ethics of everyday life. philosophie.uzh.ch

LYING

In a sense truthfulness is an indispensable precondition of social cooperation. But then lying seems to fulfill substantial social functions, too. No wonder that our attitudes towards lying are quite inconsistent and on the whole rather hypocritical. On the one hand, lying is condemned as morally wrong, on the other hand we tend to both practicing and justifying it at least in some areas of our life, at the same time deploring that the others (the Chinese or whoever) are such liars. The talk will discuss the reasons philosophers have presented against lying and explore what is at stake in the contexts of everyday life and why the line between forbidden and permitted lying are not drawn everywhere in the same way.

Patrick Müller



Patrick Müller is professor at the Zurich University of the Arts. He is director of its Studio for Contemporary Music and is responsible for the conception and implementation of the Master of Arts in Transdisciplinary Studies program. From 2010–2012, he has been an affiliated fellow at the Collegium Helveticum Zürich's laboratory for transdisciplinarity of the University and ETH Zürich.

Patrick was born in 1967. He studied music, musicology, German philology in Zürich and Paris as well as cultural management in Basel. From 1995–1999 he was a scientific assistant, and subsequently, until 2002, lecturer for the Department of Musicology at University of Zürich. From 1994–1999, he was a staff member at the Feuilleton of Neue Zürcher Zeitung, and from 1998–2005 editor of *Dissonanz/Dissonance*, journal for contemporary music. From 1999–2004, he served as artistic director of the new music-ensemble Collegium Novum Zürich, collaborating with artists like Pierre Boulez, Heinz Holliger, Luciano Berio, Helmut Lachenmann, Klaus Huber, Beat Furrer, Salvatore Sciarrino, Olga Neuwirth, Isabel Mundry, and many others.

TAKE A WALK ON THE SOUND BRIDGE

Turn on the radio at the top of the hour. Listen. Wait for the first encounter with a soundscape you can localize geographically. Turn the radio off, pack your bags and go there. Your university will refund the expenses.

Sound has a strong immersive power. It moves in a double sense: It can affect emotionally, but it also produces very quick shifts in space and time. It has the power to place subjects in different localities at the same moments, connecting in a paradoxical way the real and the virtual. Many artistic strategies have developed medial configurations overlapping faraway spaces in real time: Through virtual tunnels you can shake hands to people on the other side of the globe, the construction of soundbridges makes you move through different cities at the same time. The relationship of the speed of sound to time may thereby play a crucial role in such practices producing translocal spaces. The examples presented will show that space is not a fact, but it is constantly produced by social practices including the deficiencies of our senses and involving our values and our understanding of the cultures (in the plural) we are living in (at the same time).

Asia Andrzejka Naveen



Studied Fine Arts in Indonesia, China and Switzerland.

Lived together with three hundred asylum-seekers, arrested by Hezbollah and was spared from a forest fire, an earthquake and volcanic eruption.

A NON-LOCAL PLACE WITHIN US

In a so-called globalized world, Asia Naveen's work is motivated by powerful mechanisms of social inclusions and exclusions related to self-will and subjectification. She immerses herself in contexts, perturbing the inherent dynamics of a social group, and reflects the effects on herself and on members of the group.

As a participating and interacting observer (who accepts, internalizes and embodies unpredictable influences of the context, Naveen simultaneously pursues and tests self-willing concerns): she analyzes on a second-order observation, how rules and morals influence, and where the context allows an insistence on a self-willing position, where the claim on an own lived life does not collect or can find ways to implement.

In the garden we will read texts from my living performances, in dialogue, articulating and questioning our mental constructs.

Fredi Rauner



Born in 1962. Theatre creations since 1984. Member and co-founder of the Theatre COLORi in St. Gallen. Studies at the Institute for Individual Systemic in Munich. Since 2003 he practices in his own Studio. Father and co-educator of two children. Lives in Rheineck.

fredi.rauner@colori.ch

Richi Diener



Born in 1952, social worker and adult educator. Theatre creations since the 1980th and member and co-founder of the Theatre COLORi in St. Gallen. Coach for a political Street Theatre. Father and co-educator of two children. Lives in Chur.

richi.diener@colori.ch

“ALL THE WORLD’S A STAGE...”

W. Shakespeare

Laboratory for improvisation

The roles everyday life dictates to us are well known. Parts of them are exciting, some are easy to fulfill, and some are difficult. Yet sometimes we feel the urge to try something new, to step out of the box and go off track. Perhaps, just to see, who else we could also be...if? Theater improvisation can be very helpful to improve playfully our ability to handle difficult situations in an adequate way and with new options: Starting from our life-experience we bring parts of them on stage, play with them transforming the experience, and then bring them back into our lives. We work with our body, movement and voice. The topic of this week – “NON_LOCAL” and the atmosphere in Cortona will inspire our work. This immediate common background will be the soil on which playful scenes arise. At the end of the week, we will share with the whole Cortona community what emerged during our week of work and play.

Theater COLORi St.Gallen has created home productions on the basis of improvisation within the last 26 years. The group has committed itself to specific themes like: Sexuality, Natural Science, Gerontology and other social fields for the last 14 years.



Dr.phil. Dr.theol. Monika Renz, seit 1998 Leiterin der Psychoonkologie am Kantonsspital St.Gallen, hat in ihrem Erststudium päd. Psychologie, Psychopathologie und Musikethnologie studiert und in Psychopathologie bei Prof. H.S. Herzka promoviert. Zusatzausbildung zur Musiktherapeutin SFMT und Psychotherapeutin FSP. Zweitstudium in Theologie und Doktorat in Bibeltheologie zum Thema Erlösung. Forschungsschwerpunkte in den Themen Sterben und spirituelle Erfahrung. Zahlreiche Buchpublikationen und Artikel. Internationale Vortrags- und Kurstätigkeit.

www.monikarenz.ch

SPIRITUELLE ERFAHRUNGEN VON STERBENDEN

Das Ich stirbt in ein Du Hinein

Sterben ereignet sich im Dazwischen zweier Welten und Wahrnehmungsweisen, wo alles Gefühl für Zeit, Raum und Körper sich verflüchtigt. Ist gutes Sterben schmerzloses Sterben? Oder ist es bewusst durchlittenes Sterben? Stirbt gut, wer sanft hinübergleitet oder wer wachen Sinnes "dabei ist" bei solch letztllichem Geschehen? Kann die Frage nach dem guten Sterben überhaupt beantwortet werden aus der Perspektive ich-bezogenen Denkens und Wollens? Sterben ist kein Wellnessprogramm, auch nicht bei bester palliativer Betreuung. Das Zugehen auf den Tod bleibt äusserste Herausforderung an Patienten und Angehörige. Und doch sind Erfahrungen in Todesnähe immer wieder erstaunlich ‚schön‘ und lehren uns viel über das Leben: Inmitten von Ohnmacht bricht Sinnlichkeit auf. Angst weicht einem Urvertrauen. Beziehungen zu den Nächsten erhalten eine solche Dichte, dass Menschen genau jetzt begreifen, was Liebe und was Leben ist. Den Zeugnissen vieler Sterbender folgend, muss es hinter dem Geheimnis des Todes etwas geben, wovon sie zutiefst angezogen sind und wovor sie sich zugleich äusserst fürchten. Sterben geschieht schlussendlich. Das letzte Geheimnis bleibt offen. Die Sterbebegleiterin Monika Renz berichtet aus ihrer grossen Erfahrung und ihrer Forschungstätigkeit (*Dying is a transition*) mit mehreren hundert Patienten und Patientinnen am Kantonsspital St.Gallen.

EINE KLANGREISE AN DIE GRENZEN DES ICH

Sterbende sind hörend, selbst wo sie nicht mehr reagieren. Die Wahrnehmung Sterbender ist anders, von besonderer Intensität und Sensibilität. Eine auf Selbsterfahrung angelegte Klangreise führt uns über Körperentspannung und monochrome Musik in einen Bereich unserer Seele, wo sich, wenn es sein darf, spirituelle oder sonstwie eindrucksvolle Erfahrungen ereignen. Sie erinnern an ferne Träume oder auch an die paradoxe Erlebniswelt Sterbender. Anschliessend Austausch der Erfahrungen in der Gruppe oder – bei sehr grosser Gruppe – Möglichkeit, Fragen zu stellen.

Hans-Jörg Rheinberger



Hans-Jörg Rheinberger is Director at the Max Planck Institute for the History of Science in Berlin. The main focus of his research lies in the history of the life sciences and the history and epistemology of experimentation. In his work, Rheinberger tries to bridge the gap between the study of history and cutting-edge sciences in an interdisciplinary perspective. The Swiss-born scientist is a member of the German Academy of Natural Scientists Leopoldina and of the Berlin-Brandenburg Academy of Sciences, and honorary professor at the Technical University of Berlin.

Selected publications

Toward a History of Epistemic Things, 1997

Experimentalsysteme und epistemische Dinge, 2001

With Frederic L. Holmes and Jürgen Renn:

Reworking the Bench: Research Notebooks in the History of Science, 2003

THE LOCAL AND THE NON-LOCAL IN RESEARCH

A View on the History of Molecular Biology

The history of molecular biology has many facets, and it has been told in different fashions. In accordance with the present context of a Summer School on the topic of the non-local, Hans-Jörg Rheinberger will concentrate on the relation between some international and some local aspects of knowledge production in the history of molecular biology and their intertwinement. In this context, authors such as Soraya de Chadarevian and Bruno Strasser have even talked about “glocality.” The lecture will focus on the interactions between Europe and the United States where the phenomenon of molecular biology took shape.

Milos Savic



As language does not need colors, Milos likes to present his world in black and white. Milos was born in colorful village of Schwyz (CH) in 1987 and grew up in Wilhelm Tell's homeland.

He began to demonstrate his world with a camera in black and white mode and to present it on exhibitions. In 2011, Milos graduated in CAST / Audiovisual Media at the Zurich University of Art. His Bachelor work Meditative Moments was awarded with two sponsorships. Milos is fascinated by different dimensions which he passionately tries to picturize. In this way, a number of music and advertising films as well as documentaries were produced.

STOP! MOTION

Picture, picture, and again picture – this way we generate motion ...

Would you like to tell stories through motion pictures using a simple method? Or would you just like to have a look inside the production of stop motion videos?

Equipped with cameras, we playfully produce our own stories. You will learn what to pay attention on – from the preparation work to the final video. Our work is based on experimental productions and we are able to combine other video techniques with stop motion. We are going to go beyond the borders.

Andreas Schneider



Born in 1948 in Zurich.

Education: Schule für Gestaltung, Zurich F+F, and Bern, Ceramics.

2001/2 Stone carving / wood carving Studies in San Francisco
Works since 1978 in his own studio.
Since 1980 Exhibitions in Switzerland and abroad.

www.rabiusla.ch

STONECARVING IN THE PARK

Stone carving gives proof of the earliest cultural activities of our ancestors.

The small statuette of "Venus von Willendorf" for e.g. made 21'000 B.C. is an icon of earliest female power and reference of strong expression through a simple medium done with the same tools as Leonardo da Vinci not to far from our Garden Atelier realized his ideas ...

The breathtaking view into the Tuscan Campania together with the nice sound of hammer and chisel creates a field of synchronicity and inspiration.

And if you are lucky and receptive you will get the chance to experience the singularity of your personal universe – or a glimpse of non local ...

Just enjoy the adventures with the precious marble from Carrara or translucent alabaster brought for you from Volterra. That means you will work on local stones with local made tools and – experience local success ...

After my short introduction there is no need for previous knowledge. With a friendly welcoming from the Garden Atelier.

Hans-Peter Sibler



Studies Qigong and Taiji since 1975 in Europe, USA and Asia. Trained in psychology, body- and energy-work. Develops workshops in creative communication, art of moving and energy-flow since 1972. As of 1977, he teaches Qigong and Taiji and founded the "school for Taiji and Qigong" in Zürich – the first specialized institute in this domain in Switzerland. He gives seminars and trainings, and offers lectures and projects in institutions and companies.

Author of the Qigong book and DVD

Stärkendes Qigong: Yi Jin Jing

Co-author of the book

Die Welt der Fünf Elemente

Producer of several Taiji teaching DVD's. Hans-Peter Sibler lives in Zürich.

www.taiji-qigong.ch

TAIJI AND QIGONG

In China – as in many other countries all over the world – millions of people start the day with Taiji and Qigong exercises. The parc in Cortona gives us an ideal environment to spend half an hour before breakfast on gentle movements, to wake up and to experience the pleasant effect of Taiji and Qigong: Focussing between heaven and earth, centering, strength, energy-flow, concentration and relaxation, inner calmness and serenity, clarity.

Awareness and liveliness will grow by the interplay of inner and outer movements. Simple exercises revitalize our body and mind by opening the energy (Qi-) channels. Qigong and Taiji will stimulate everybody, regardless of age, fitness or precognition – a joyful and easy way to wake up and start freshly our new day.

Joachim Simon



Chemist, born 1966 in Frankfurt/Main. Dr. Joachim Simon studied chemistry (diplome) and physics at the Joh. Gutenberg Universität Mainz and received his doctorate in polymer sciences. He was a researcher at Xerox in Missis-sauga, Canada and guest scientist at RIKEN in Tokyo, Japan.

Dr. Simon started working at Bayer AG in 1995 in various positions including:

- Project leader Central Research
- Project leader at Central Technology
- Segment head of research business unit "Coatings Adhesives and Sealants"
- Head of strategy development for Bayer Material Science at Bayer AG Holding
- Vice president automotive business Polycarbonates europe and latin america

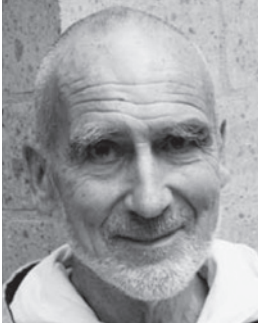
Since 2012, he is the Vice President, Marketing Europe and Latin America

He also holds various patents and numerous scientific publications, is a member of TU Munich Alumni (hc), Konrad Adenauer foundation Alumni and Rotary International.

THE EVOLUTIONARY ECONOMY - BELOW THE SURFACE OF GLOBALIZATION

Economy has its hidden mechanisms beyond overall profitability. These may lead to change industrial focus, develop countries and regions and alter the circumstance within the lives of the working people. Coping with, accepting and utilizing these mechanisms will become one major task of the future for industries as well as for people and their personal life – especially in european countries, when faced with the enormous growth and development perspectives of asian regions.

**Brother
David Steindl-Rast**



Born in Vienna, Austria, studied art, anthropology, and psychology, at the Vienna Academy of Fine Arts (MA) and the University of Vienna (PhD). In 1953, he joined Mount Saviour Benedictine Monastery, where he is now a senior member. He began studying Zen in the 1960s, and became a pioneer in interfaith dialogue. In 1975 he received the Martin Buber Award for his achievements building bridges between religious traditions. His books include *Gratefulness, the Heart of Prayer*; *A Listening Heart*; and *Belonging to the Universe* (with Fritjof Capra). Currently, Brother David serves as founding advisor of www.gratefulness.org.

KEY-WORDS ON THIS YEAR'S TOPIC: NON LOCAL

Clear language facilitates clear thinking. Clear thinking makes the Cortona Week more enjoyable. We must not take for granted that important terms used in lectures and discussions are sufficiently clear.

Sometimes terms that can serve as keys for deeper understanding are not even mentioned. We may overlook them, or assume too quickly that they are obvious; they may even be taboo. Therefore, Brother David will facilitate the group's effort to spot key words and to use them to unlock insights. We can switch between the use of English and German, according to the needs of participants. Questions are encouraged

Marianne Verny



M.D., cert. Processworker and psychiatrist in private practice in Zürich, has been a trainer and supervisor in Process Oriented Psychology since 1994. Unfolding the dreaming behind body symptoms, relationship conflicts, moods and finding ways, how to integrate the wisdom of those dream-like experiences is the central focus of her work with her clients and with herself.

www.marianneverny.ch

DREAMING BETWEEN TIME-SPACE & EVERYDAY REALITY

An introduction into process oriented Dreamwork, experiences of non-locality, altered states of consciousness and individual meteo-service.

There are many stories about synchronistic or intuitive, dream-like decisions that can't be proved, just experienced and told. Moments when you know what is right. Books like Blink! tell us that there is more than the measurable consensus reality. We will experiment with quantum flirts, dream fragments and even everyday oracle as access to subconscious inner wisdom – that can be tapped 24/7.

Ivan Verny



M.D. psychotherapist in private practice, cert. Processworker, psychiatrist, coach, has been teaching Process Oriented Psychology since 1989 and experimenting with dream-like aspects of everyday at least as long, using them to enrich his & other relationships, past time and work.

www.ivanverny.ch

Cornelia Walterspiel



Developed for many years a training concept based on studies of martial arts, movement meditation as well as the Feldenkrais method. The core idea transmits and adapts the knowledge of the "Chi" to the western professional and private life. She has her own studio in Tübingen / Germany since 1984 and gives seminars in the educational field as well as in management settings.

THE 'KI' OF THE AI KI DO

Awareness – Bodylanguage – Movement

The main aspect of AI KI DO is to be connected to the rhythm of the universe! If so, you can move without any restriction or resistance and live your life fully.

To acquire the ability to choose "posture" we use "Ki" exercises, these movements allow us to get in touch with maybe unknown physical and spiritual potential. Furthermore we will practice methods of Aikido, a martial art, which relates to non violent self defense and represents at the same time an experiential holistic path of growth.

AI KI DO work is oriented towards the inner balance and equilibrium, self-centeredness, natural self-esteem and compassion in our actions. This might enhance a new dimension in our lives.

People and masters who realize this "Chi" can be recognized by their presence, radiance and uprightness.

May the exercise succeed!

Selina Weber Gehrig



Selina Weber Gehring is a Soprano. Born in 1978, in Zurich, she attended Zurich University of the Arts (ZHdK), where she received her Master of Arts in Music Pedagogy (Voice) in 2006, and a Master of Arts in Elementary Music Education in 2009, in addition to a CAS Certificate of Advanced Studies in Children's Choir Conducting Advanced in 2010. She currently teaches voice and leads a children's and youth choir at the Zollikon Music School. Ms. Gehring is also the director of various choirs since 2006. Furthermore, she sings in the pUrlimunter quartet and performs as a Soloist with different Conductors, Artists and Groups.

www.purlimunter.ch
www.operamobile.net

MORNING SONG

We start the day together on a good note. We awake our voices, as well as our minds and bodies, and enjoy the pleasures of song. We will sing whatever pleases us from across the musical landscape, including witty canons and polyphonic African songs. Anything that is fun and raises our spirits!

We sing without sheet music – no prior experience or knowledge is required. The only prerequisite? That you enjoy singing!

Adrian Wirth



Adrian was born near Zurich in 1975. He finished his studies in Environmental Sciences at the ETH Zürich in 2001 with two awards. Since 2002, he has studied Indo-Tibetan Yogas in various forms. Adrian understands Yoga as a life-style, not just as a practice. He teaches weekly classes at Airyoga in Zurich and leads Yoga retreats in Switzerland.

Paola Deprez



Paola did her PhD in Molecular Biology in Chile and worked from 2001 to 2010 as a researcher at the ETH. Now she works in trans-disciplinary research at the Collegium Helveticum/ZHdK, practices Tibetan Buddhist meditation and teaches Yoga workshops with her husband Adrian, especially on the topic Stress & Burnout.
www.oshadi-yoga.ch

YOGA

Yoga is nowadays a mainstream phenomenon, but for many people it's just a synonym for a certain kind of physical exercise. Yoga is much more though; it's the connection with your inner essence beyond thought, emotions and the self. On the path of Yoga good things may happen: more mental calmness and clarity, more balance and stability and better health for body and mind. The Yoga path always starts where you are in the very moment, considering the condition of your body and of your mind. Yoga is a special kind of a project. When practicing Yoga you are the researcher, the research object and the laboratory all in one!

In this workshop we will explore accessible ways of realizing the depth of what Yoga can be. We will start with mindful physical movements and breathing exercises, and then go beyond into Yoga-Nidra deep relaxation where meditative states are easily experienced and into Mantra chanting. We use the body to go beyond the body to a place that is no place and where we all meet.

Join us for this workshop that will touch many different layers of your being. All you need is curiosity! No previous Yoga experience necessary!

Nick Woolsey



Nick Woolsey began exploring movement art as a teenager. His influences include contemporary and tribal dance, Tai Chi, yoga, Capoeira, dervish whirling, rave music ecstatic dance, mysticism, and an inter-dimensional fractal entity who makes random appearances at unexpected times.

Nick discovered poi in 2001, and by 2003 was recognized internationally within the poi and fire-spinning communities via the videos he posts on his website. He has since taught poi workshops to thousands of people in a dozen different countries. His unique approach to poi is a fusion of all his influences.

www.playpoi.com

EXPLORE YOUR MIND-BODY CONNECTION WITH POI!

Poi is a form of dance where balls on the ends of tethers are swung through rhythmical patterns. It originates with the Maori people of New Zealand, who originally used poi to develop dexterity and to animate their songs with dance. In the past century poi has spread around the world, merging with other movement arts in the process.

In essence, poi are an extension and magnification of how energy moves through and around the body. Learning to dance freely with poi requires the balancing of left and right, forwards and backwards, and the ability to turn and whirl in either direction. The result is an engaging series of puzzles requiring visceral listening skills, spacial thinking, and lots of trial and error. All of this will be accompanied by plenty of games, music, and dance! If you're looking for a way to exercise your body and brain at the same time, poi is for you!

John Wolf Brennan



"Celtic Roots and Swiss Watchmaker Precision" *The Wire, London*

Born in Dublin/Ireland, John is an accomplished pianist, composer, and improviser. His latest projects include: Pilgrims (w/Tony Majdalani)

www.brennan.ch
www.pagolibre.com

Chasper Mani



A Baritone, Chasper attended ZHdK and HKB (Bern) with Master of Pedagogy / Concert-Diploma in singing, as well as a Master in conducting / Soloists-Diploma at Swiss Operastudio. Chasper-Curò sang in many concerts and operas.

He also dedicated himself to singing Lieder "Winterreise", "Dichterteliebe", "Songs of Travel"

GLOCAL SOUNDS & GLOBAL YODELING

A Non-Local Labyrinth of Glocal Sounds & Global Yodeling

Sound is primeval: the first cry of a baby, the last sigh when we solve a problem or release a tension. The whole universe expands with a silent pulse – even the black holes! Sound is local and global at the same time (and space): we can detect the source of a sound anywhere, but in the split second of its creation it has already dis-appeared and dis-solved into a greater realm. Music is a perfect way to get to know the NOW, and the NOW is NOT in time. Simultaneously, music grows KNOTS in time. Apart and yet a part, NOW and HERE and NOWHERE in unison! In our workshop we invite every body to participate in the creation of the very moment's momentum, to produce an audio-kinetic object-lesson and become creators of the PRE-SENT. In the true adventurous x-perimental spirit of Cortona (circling around Core-Tone A), everybody is invited to bring his/her own instrument, including – of(f) course the VOICE as primal source. Together we shall dig out (and dig into) some spontaneous sonorous (g)localities, turn them into SONIC ROOTS, searching, dis-covering and mapping highways and byways through the collective LABYRINTH of sounds, hopefully finding the way back – with or without Ariadne's help! For the final evening, we might collaborate with the drumming and theatre workshops, drum up the moon, conspire with the local spirits and the glocal birds.

Saajid Zandolini



Up to 2002 he was the head of the Osho Meditation Center and local residential community in Bern. He now lives in Basel and gives meditation and self experiencing workshops in Switzerland and Europe. He is lovingly connected with Ramana Maharshi, Osho and the Masters of Zen. He gives conversations and engages in dialogues out of the heart and the silence. He teaches meditation as an attitude towards life itself, beyond traditions and dogmas and without separation of spiritual life from ordinary life.
www.herzundstille.ch

PAINTING ATELIER

All human beings are able to paint and draw. Rock paintings and rock carvings from ancient cultures make this deep and primordial need of expression obvious. However, our conceptions about the result are often in our way and prevent us from experience. We are addicted (our addictions) to evaluate everything on common standards have held a lot of us back from a genuine and exhilarating adventure of painting and drawing.

Creativity has a nonlocal source. It means we are able to bring out something that is surprising deeper and bigger than our little I, if we allow our self to be spontaneous and playful with our creative background. This creative expression can open up our horizon, give resort out of narrow minded intellectual thinking and reconnect to our intuition and the now.

This atelier provides a bunch of material for painting and drawing which may support your creative expressions and I will be there in case you need encouragement and advice.

THE SOUND OF SILENCE

In this world everything appears and disappears in space and time and is nourished by some invisible source. Also space and time or better to say space/ time appears out of the same unknown source. Every phenomenon visible and invisible has its roots in a nonlocal, jet intrinsic source of energy.

What do we know about our existence? Very rarely we find time and space in our everyday-life to reflect on fundamental questions such as on the real nature of our mind and our representations about these subjects. We may experience impermanence as we perceive events and experiences, thoughts and emotions come and go and we cannot grasp and hold however strong we may wish.



Atelier

What is this source of life? Who and what is this self by which we experience? What could be an awakened mind? How can we recognize the essence of all beings and live in loving kindness?

Morning meditation practice (7.40 a.m – 8.20 a.m)

Meditation is about allowing yourself simply just to sit here and now in silence and to be with everything as it is. There is nothing to do or to avoid. All sensations just appear and disappear in the awareness of being aware. We will start with a few oral explanations. Then we will sit for about 30 minutes in silence.

Meditation Workshop (7.00 p.m – 8.00 p.m)

This Workshop will be together with Adrian Wirth

This space is not so much for practicing meditation but just to open your heart for being in the present moment and for the mutual investigation on questions on awareness, consciousness and happenings during the morning meditation or your daily life.

We will start with a mantra song, followed by a few minutes of silence.

We will continue with a few breathing and awareness-exercises, then sharing about questions on meditation and we will end with one or two mantra songs.



TRAVEL INFORMATION

Travelling with the Group

Group Travel from Zurich HB by train to Florence (with a change in Milan) will be on Friday September, 6th 2013 at 11.09 a.m.. Please be there at least 15 minutes before departure. From Florence, a private coach will take you to the event venue at the Hotel Oasi in Cortona. The bus will depart approximately 6.00 p.m. from Florence SMN and arrive at Hotel Oasi at approximately 8 p.m., right for dinner time.

The group's return journey from Cortona will be at 9.30 a.m. on September, 14th 2013 from Hotel Oasi to Florence by coach, then by train to Zurich HB (again, changing trains in Milan). You will arrive back at Zurich HB on Saturday September, 14th at approximately 7.00 p.m..

Travelling individually

The nearest railway stations are Terontola-Cortona or Camucia-Cortona. The nearest airports are Firenze (Florence) Peretola or Perugia San Francesco d'Assisi (formerly Perugia Sant'Egidio).

You may also consult the Italian National Railway Website (Trenitalia) or your respective (European) national railway's website for more travel itineraries to Cortona.

From the railway stations, Hotel Oasi is only about 10 minutes by Taxi.

Hotel Oasi

Via Contesse 1

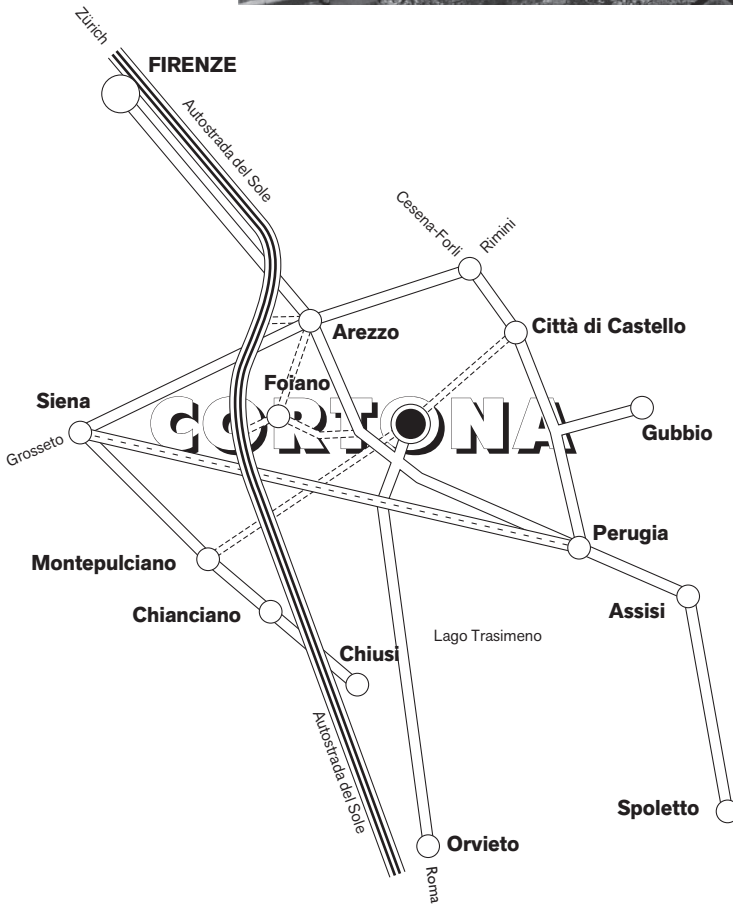
I-52044 Cortona

+39 (0575) 630 354

info@hoteloasineumann.it

www.servizire.it

LOCATION



Location

CORTONA WEEK 1985-2014

- 1985 **Cortona 1**
- 1986 **Cortona 2**
- 1988 **Perception**
- 1989 **Utopia & Science**
- 1991 **Metamorphosis**
- 1992 **Borders & Limits**
- 1994 **Mythos & Science**
- 1995 **The Many Ways**
- 1996 **Inside – Outside**
- 1997 **Becoming – Being – Passing Away**
- 1998 **Future Visions**
- 1999 **Continuity & Jumps**
- 2000 **Creation**
- 2001 **Science & Emotions**
- 2002 **Global – Local**
- 2003 **Curiosity & Creativity**
- 2004 **Mind Matters**
- 2005 **Beauty**
- 2006 **Sign Symbols Codes**
- 2007 **Ties & Webs**
- 2008 **Knowledge Vs Belief**
- 2009 **Bridges over Troubled Waters**
- 2010 **Labyrinth**
- 2011 **Plausibilities**
- 2012 **No Time at All!**
- 2013 **Non Local**

- 2014 **September 6-13**



NOTES

NOTES



NOTES

