





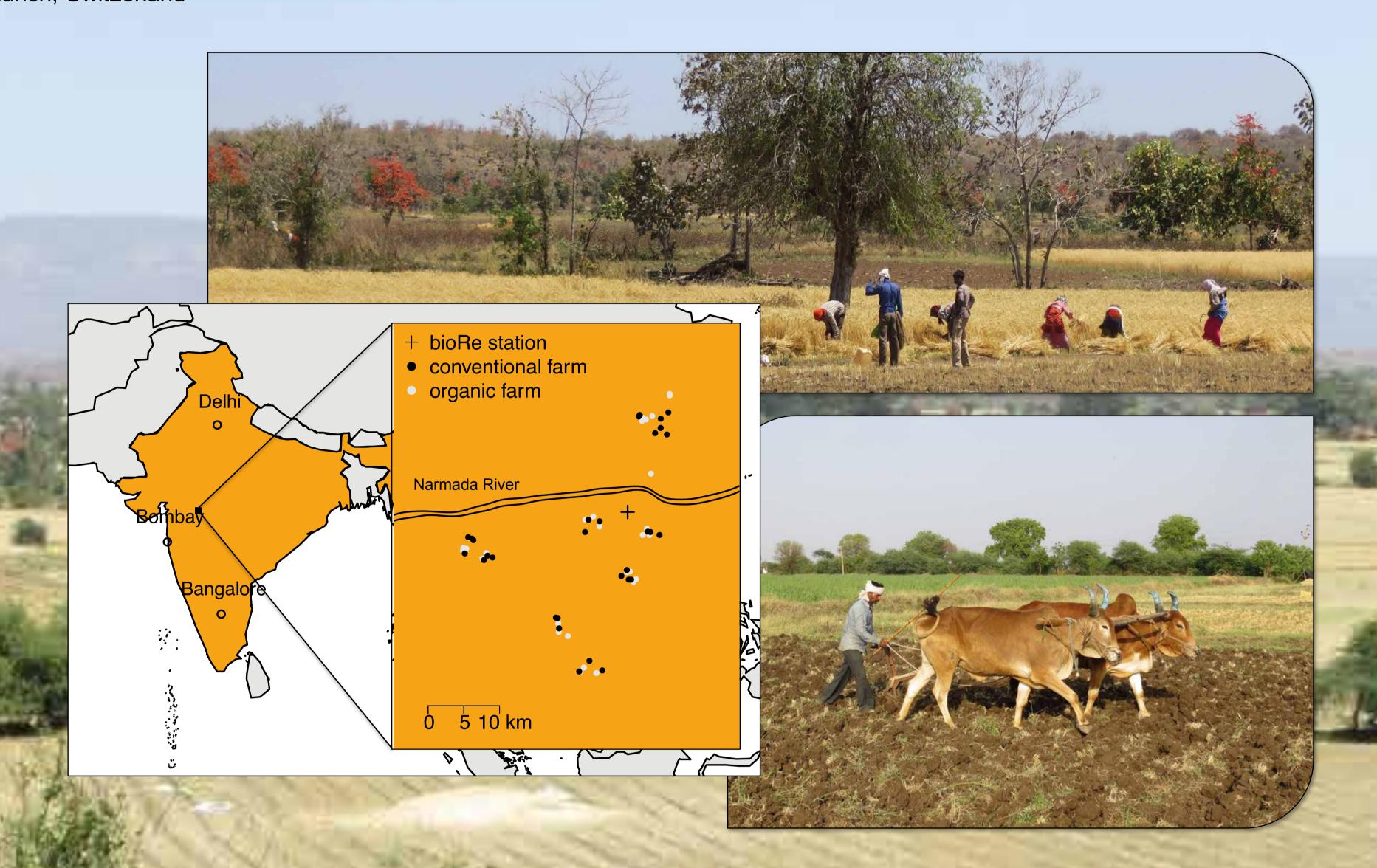
# Organic wheat farming improves grain zinc concentration in central India

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#### Zinc for human nutrition

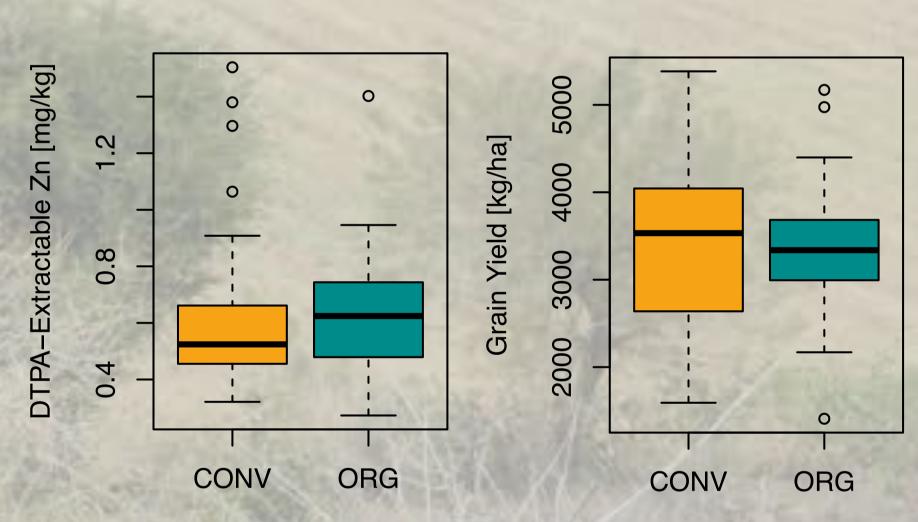
- Zinc (Zn) is an essential trace element
- Important for functioning of many enzymes
- Zn deficiency causes diverse health problems
- Cereals contain little available Zn
- > Zn deficiency is a widespread public health problem in India
- 1) Does organically grown wheat contain higher grain Zn concentration?
- 2) What are the determinants of wheat grain Zn concentration?



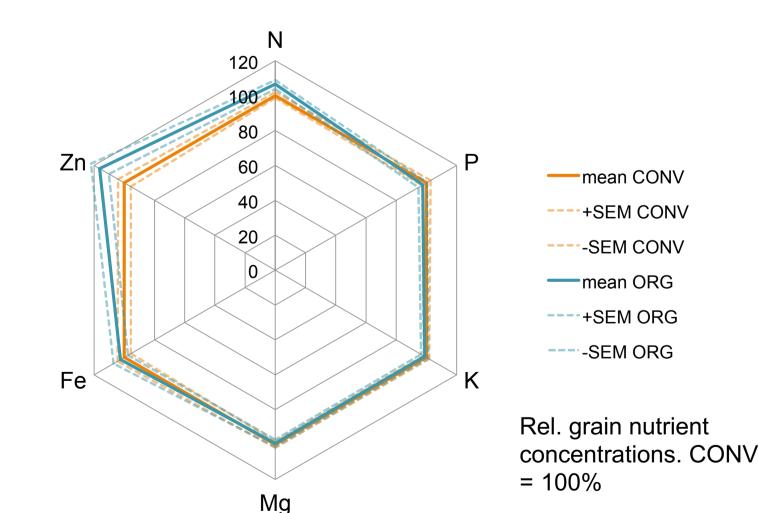


#### Study design

- 30 organic and 30 conventional farms
- Analysis of wheat grain, yield, and soil samples
- Farmer interviews
- Multiple regression to determine relationships between soil, plant and management variables



➤ No significant difference in DTPA (plant available) soil Zn concentration or wheat grain yield



----+SEM CONV -----SEM CONV ------SEM ORG Rel. grain nutrient

> organic wheat grains had significantly higher grain Zn concentration

### Results of multiple regression

- Total soil Zn and sulfur concentrations best predictors of DTPA-extractable Zn
- Available soil phosphate, exchangeable potassium, harvest date, training of farmers in nutrient management, and soil silt content best predictors of yield
- Yield, available soil phosphate, grain nitrogen, farmyard manure availability, and cropping system best predictors of grain Zn concentration

## harvest date cropping system training → grain Zn ← grain N✓ exchangeable K available P extractable Zn ←

total soil Zn

➤ Organic farmers had improved grain Zn conc. because they tended to have lower levels of available P in the soil but higher grain protein conc.

> Organic farmers were able to maintain yield levels of conventional farmers by compensating for the lack of chemical fertilizers with improved nutrient management training.

### Funding

The project was funded by WFSC Mercator Research Program and was conducted in the framework of long-term farming systems comparison in the tropics (SysCom) program, which is financially supported by Biovision Foundation, Coop Sustainability Fund, Liechtenstein Development Service and the Swiss Agency for Development and Cooperation.

soil S

