# Learning Agreement MSc HST

## Major: Human Movement Science and Sport (HMSS)

Matr. no. & student's name:				
Tutor's name:				
Start of study program:		LD Sport:	🗆 yes	□ no

## **Qualification Profile 'Human Movement Science and Sport'**

At the interface of biosciences, health sciences, medicine and technology, 'Human Movement Science and Sport' focuses on the study of whole body functioning from young to old age, in health and disease. Emphasis is given to understanding all aspects of human activity by integrating basic knowledge from molecular and cellular processes, inter- and intracellular signaling, cell-cell and organ-organ communication and from biomechanical principles. This includes the understanding of acute responses of the various processes to the moving body and of their adaptation to specific training. This knowledge serves to advance the understanding of age- and sex-dependent healthy human functioning but also of common complex diseases and disabilities, e.g. metabolic, respiratory and heart diseases, neurological and orthopedic disorders. A core component of the program is also to develop preventive and therapeutic strategies for human diseases, disorders and disabilities. Participants of the programme will acquire experimental skills to investigate organ and neuro-muscular function as well as biomechanical properties of the moving human body.

The successful completion of the programme in 'Human Movement Science and Sport' prepares the student for a career in a variety of biomedical research areas. It provides a solid scientific background for an academic career via PhD and postdoctoral training, but it also provides graduates with a scientific and practical skill profile suitable for competitive positions in the fields of biomedicine, prevention and rehabilitation, health technologies, health organizations, as well as health and sports education.

## **Compulsory Courses of the Major**

				СР		semester	exam
х	376-0300-00	Translational Science for Health and Medicine	Goldhahn	3	2G	AS	wSE
х	376-0302-01	GCP Basic Course (Modules 1 and 2) (or TRREE combination 1/2.1/3.1/3.2/CH-Supplement)	Senti	1	1G	AS	uSP
х	376-0302-00	Practicing Translational Science (Req.: Translational Science)	Goldhahn	2	4A	SS	gSP
Tot	al Core Courses			6			

#### **Glossary:**

V = lecture G = lecture with exercise U = exercise S = seminar K = colloquium

P = practical/laboratory course

A = independent project

D = diploma thesis

AS = autumn semester SS = spring semester A/S = autumn or spring semester

wSE / oSE = written / oral Session Examination wEE / oEE = written / oral End-of-semester Examination gSP / uSP = graded / ungraded Semester Performance

\* = courses count as Sportscience for Auflagen LD Sport

## **Elective Courses I of the Major**

Elective courses I that are counted for the Bachelor diploma (please tick column BSc) cannot count for the Master diploma, too. In this case, elective courses II of maximum the same amount of CP can count as elective courses I to reach the 12 CP (-> please list below).

		At least one of the following 5 courses to be selec	ted	СР		sem.	exam	BSc
	376-0225-00	Physical Activities and Health*	Knols	3	2V	AS	gSP	
	376-1651-00	Clinical and Movement Biomechanics*	Singh	4	3G	AS	oSE	
	752-6101-00	Dietary Etiologies of Chronic Disease	Zimmermann	3	2V	AS	wEE	
	376-0224-00	Clinical Exercise Physiology (Req.: Sportphysiologie)	Spengler	3	2V	SS	wEE	
	376-1306-00	Clinical Neuroscience (University of Zurich)	UZH	3	3V	SS	gSP	
		At least one of the following 5 courses to be selec	ted	СР		sem.	exam	BSc
		Methods and Concepts in Human Systems						
	376-0221-00	Neuroscience and Motor Control	Altermatt	4	3P	AS	gSP	
		(Req.: Neural Control of Movement and)						
	376-0223-00	Advanced Topics in Exercise Physiology (Req.: Sportphysiologie)	Spengler	4	2S	AS	gSP	
	376-1168-00	Sports Biomechanics*	Lorenzetti	3	2V	SS	gSP	
	376-1660-00	Scientific Writing, Reporting and Communication	Taylor	3	2V	SS	gSP	
	376-1719-00	Statistics for Experimental Research		3	2V	SS	gSP	
Tot	al Elective Cour	ses I of the Major			(min.	12 CP)		

### **Elective Courses II of the Major**

Elective courses II that are counted for the Bachelor diploma (please tick column BSc) cannot count for the Master diploma, too.

	· · · · · · · · · · · · · · · · · · ·		СР		sem.	exam	BSc
227-0385-10	Biomedical Imaging	Kozerke	6	5G	AS	wSE	
227-0386-00	Biomedical Engineering	Vörös	4	3G	AS	wSE	
227-0447-00	Image Analysis and Computer Vision	Konukoglu	6	4VU	AS	wSE	
363-0301-00	Work Design and Organizational Change	Bienefeld	3	2G	AS	gSP	
363-0790-00	Technology Entrepreneurship	Hacklin	2	2V	AS	gSP	
363-1163-00	Developing Digital Biomarkers	Da Conceição	3	2V	AS	gSP	
376-0121-00	Multiscale Bone Biomechanics	R. Müller	6	4S	AS	gSP	
376-0130-00	Praktikum Sportphysiologie* (Req.: Anat/Physiol., Physiol Lab)	Spengler	4	4P	AS	uSP	
376-0203-00	Bewegungs- und Sportbiomechanik*	Taylor	4	3G	AS	wSE	
376-0207-00	Exercise Physiology*	Spengler	4	3G	AS	wSE	
376-0208-00	Molecular and Cellular Biology of Exercise and Muscle Regeneration - Practical Aspects	Bar-Nur / De Bock	3	2G	AS	gSP	
376-1033-00	Sportgeschichte*	Gisler	2	2V	AS	gSP	
376-1107-00	Sportpädagogik*	Herrmann	2	2V	AS	gSP	
376-1117-00	Sportpsychologie*	Gubelmann	2	2V	AS	gSP	
376-1127-00	Sportsoziologie*	Bürgi	2	2V	AS	gSP	
376-1176-00	Wearable and Mobile Technologies of the Future - Focus on Sports and Health	Menon	4	3G	AS	WEE	
376-1177-00	Human Factors I	Menozzi	3	2V	AS	wSE	
376-1179-00	Applications of Cybernetics in Ergonomics	Menozzi	1	1U	AS	gSP	
376-1219-00	Rehabilitation Engineering II: Rehabilitation of Sensory and Vegetative Functions	Riener	3	2V	AS	wSE	
376-1353-00	Nanostructured Materials Safety	Wick	2	1V	AS	WEE	
376-1661-00	Ethics of Life Sciences and Biotechnology	Blasimme	3	2V	AS	gSP	

## DHEST Department of Health Sciences and Technology

				СР		sem.	exam	BSc
	376-1714-00	Biocompatible Materials	Maniura	4	3V	AS	wSE	
	376-1720-00	Application of MATLAB in the Human Mov. Sci.	van de Lang.	2	2G	AS	gSP	
	376-1722-00	Paraplegie und Sport	Perret	2	2V	AS	-	
	376-1985-00	Trauma Biomechanics	Schmitt	4	3VU	AS	-	
	376-2017-00	Biomechanik von Sportverletzungen und Rehab.	Schmitt	3	2V	AS	-	
	551-1153-00	Systems Biology of Metabolism (Req.: Syst. Biology)	Sauer	4	2V	AS	-	
	752-3105-00	Physiol. Guided Food Struct. and Process Design	Fischer	3	2V	AS	gSP	
	752-6105-00	Epidemiology and Prevention	Puhan	3	2V	AS		
	752-6151-00	Public Health Concepts	Heusser	3	2V	AS	WEE	
	752-6403-00	Nutrition and Performance	Mettler	2	2V	AS	wEE	
	327-2125-00	Microscopy Training SEM I – Introduction to SEM	Zeng	2	3P	A/S	uSP	
	327-2125-00	Microscopy Training TEM I – Introduction to TEM	Zeng	2	3P	A/S		
	376-0816-00	Applied Human Research Project Management	Lustenberger	4		A/S		
	376-1974-00	Colloquium in Biomechanics	Helgason	2		A/S		
	w/o number	Writing your Master's Thesis: Nat. Sci. Eng. C1-C2	Diverse	2		A/S		
	w/o number		Diverse	2	2 V	Ay 5	gJF	
	151-0638-00	MaP Dist. Lect. Ser. on Eng. with Living Materials	Katzschmann	1	2S	SS	uSP	
	252-0312-00	Mobile Health and Activity Monitoring	Holz	6	5VA	SS	wEE	
	327-2224-00	MaP Dist. Lect. Ser. on Additive Manufacturing	Katzschmann	1	2S	SS	uSP	
	363-1066-00	Designing Effect. Projects for Prom Health@Work	Bauer	3	2G	SS	gSP	
	363-1130-00	Digital Health in Practice (University of Zurich)	Uni-Doz.	3	2V	SS	gSP	
	376-0131-00	Praktikum Biomechanik	Schütz	3	3P	SS	uSP	
	376-0202-00	Neural Control of Movement and Motor Learn.*	Wenderoth	4	3G	SS	wSE	
	376-0204-00	Trainingswissenschaften*	de Bruin	4	3G	SS	gSP	
	376-0206-00	Biomechanik II	Taylor	4	3G	SS	wSE	
	376-0905-00	Funktionelle Anatomie*	Wolfer	3	2V	SS	wSE	
	376-1150-00	Clinical Challenges in Musculoskeletal Disorders	Leunig	2	2G	SS	gSP	
	376-1178-00	Human Factors II	Menozzi	3	2V	SS	wSE	
	376-1217-00	Rehabilitation Engineering I: Motor Functions	Riener	4	3VU	SS	wSE	
	376-1308-00	Development Strategies for Medical Implants	Mayer	3	3VU	SS	oSE	
	376-1347-00	Bioinf. Appr. to Regul. Genomics and Epigenetics	Germain	4	4GA	SS	gSP	
	376-1392-00	Mechanobiology: Implication for Development	Shivashankar	3	2G	SS	wSE	
	376-1397-00	Orthopaedic Biomechanics	R. Müller	3	2G	SS	oSE	
	376-1400-00	Transfer of Technologies into Neurorehabilitation	Bruno	3	2V	SS		
	376-1620-00	Skeletal Repair (Req.: Biocompatible Materials)	Grad	3	3G	SS	gSP	
	376-1624-00	Practical Methods in Biofabrication	Zenobi-Wong	5	4P	SS	-	
	376-1721-00	Bone Biology and Consequ. for Human Health	Kuhn	2	2V	SS	-	
	376-1986-00	Bayesian Data Anal. on Models of Behav. (UZH)	Polania	3	2S	SS	-	
	402-0673-00	Physics in Med. Research: From Humans to Cells	B. Müller	6	3VU			
	535-0534-00	Drug, Society and Public Health (in German)	Steurer	1	1V	SS		
	701-1704-01	Health Impact Assessm.: Concepts & Case Studies	Winkler	3	2V	SS	-	
		Additional Electives II (e.g. add. elect. I)		СР		sem.	exam	
_	1					40.0-1		
Tot	al Elective Cour	ses II of the Major			(min.	10 CP)		

16-Oct-2023

## **Elective Courses in Science in Perspective**

			СР	semester exam
Tota	al Elective Cou	rses Science in Perspective	(1	min. 2 CP)
Pra	ictical Traini	ng (job or research oriented)		

				СР		semester	
	376-2110-00	Practical Training 12 Weeks	Tutor	15	34P		
	376-2111-00	Practical Training 8 Weeks	Tutor	10	23P		
	376-2112-00	Practical Training 4 Weeks	Tutor	5	11P		
Tot	Total Practical Training				(mir	n. 15 CP)	

Research Internship								
x	376-2100-00	Research Internship (min. 12 weeks full time equivalent) Planned location:	Tutor	<b>CP</b> 15	<b>semester</b> 36A			
Total Research Internship				15				

Ma	aster Thesis				
x	376-2000-00	Master Thesis (max. 28 weeks full time (incl. 2 weeks holyday), start not before BSc completed) Planned location:	Superv./Tutor	<b>СР</b> 30	semester 71D
Total Master Thesis				30	

Comments (e.g. Additional Admission Requirements)

Zurich, .....

Signed Tutor

Student

Tutor