

SURED 2022: Excursion Tuesday 07.06.2022 afternoon

Famous Verzasca Valley

Idyllically nestled in an imposing mountainscape, the Valle Verzasca is ideal for hiking and relaxing in nature. Forming the heart of the valley is the emerald-green Verzasca river with its polished gorges and deep pools made for summer bathing. It is not for nothing that some of the bathing spots here are called the "Maldives of Switzerland".

Summary

Departure of the buses from Monte Verità : 13.45 hrs

Stop at the dam (short visit)

Stop at Lavertezzo (for the non-hikers)

Stop at Brione (for the medium group)

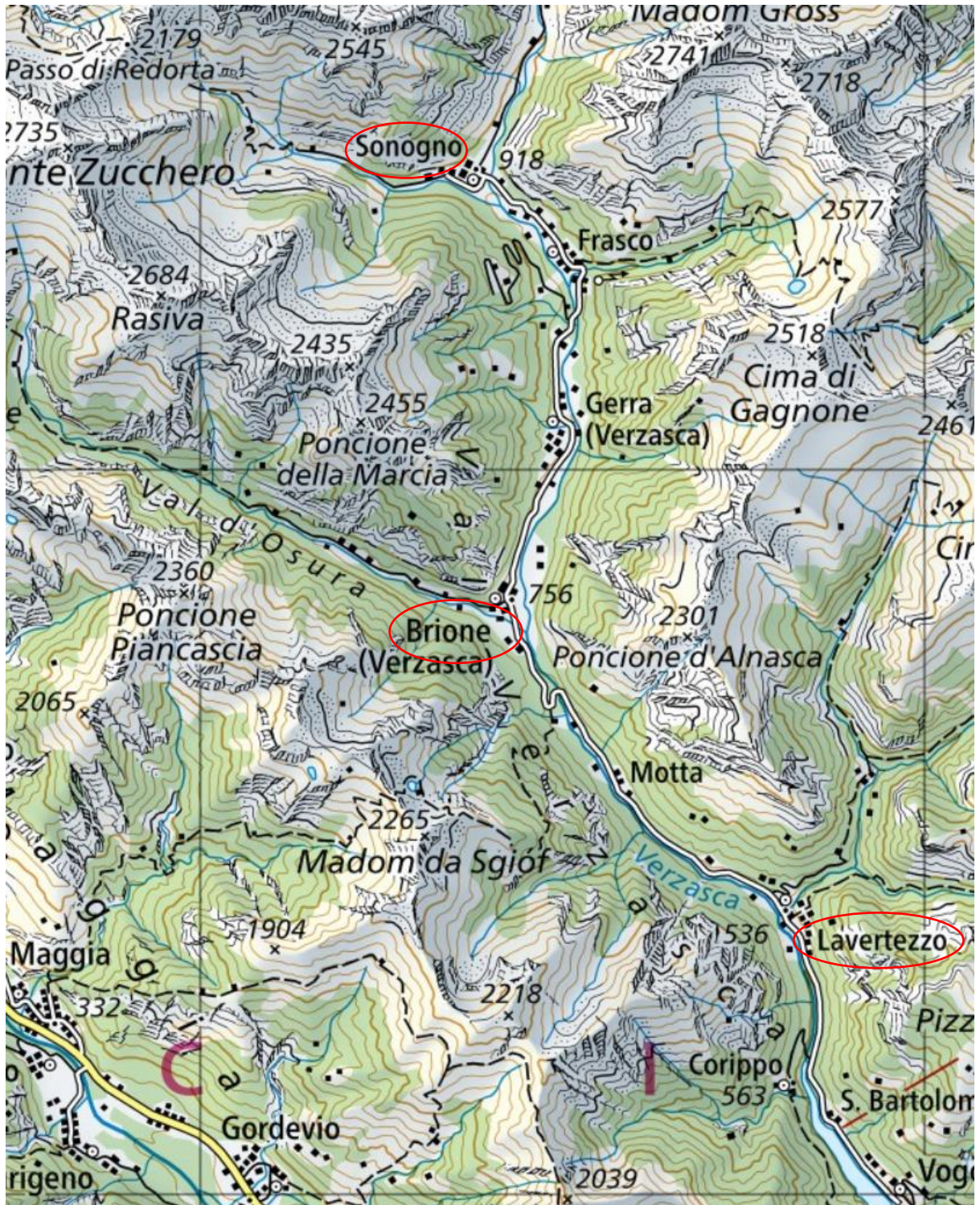
Stop at Sonogno (for the very sporty)

Return buses from Lavertezzo : 18.30 hrs

Conference dinner on Monte Verità: 20.00 hrs



Map



Description

"Sentierone" is the name of the mule track in the Verzasca Valley, which runs through the entire valley, sometimes to the left, sometimes to the right of the river. The most popular section leads from Sonogno to Lavertezzo to the stone bridge Ponte dei Salti. A beautiful stone and water landscape awaits hikers on the old mule track "Sentierone" through the Verzasca Valley. The valley is sometimes narrow, then again more spacious. Like at Brione, where the Osura flows in from the side valley of the same name (also a river with great swimming pools). Then the Verzasca plunges into its rocky bed, while the hiking trail winds around gigantic blocks of an old landslide. Up to the bridge at Ganne, where again interesting things can be discovered: an old wolf trap and a "Sentiero per l'arte", which shows installations made of various materials by artists from Switzerland, Italy and Germany. At the destination in Lavertezzo, there is a lot of hustle and bustle at and under the famous Ponte dei Salti, which is often mistakenly called the "Roman Bridge"; in fact, it dates back to the 17th century. Above the stone arch bridge is the Grotto Al Ponte, supposedly one of the few truly "proper" grotti left in the Verzasca Valley. "Proper" means that a grotto used to serve only cold dishes or, at most, a minestrone.

Distance Brione - Lavertezzo (for the medium group) : 6.5 km

Distance Sonogno - Lavertezzo (for the very sporty) : 13.7 km

The hikes in the valley are not difficult and the terrain is generally not dangerous. If you want to deviate from the main hiking routes, please plan your way carefully in advance. The organizer declines any liability in case of accidents.

Please do not miss under any circumstances the departure of the buses in Lavertezzo at 18.30