

Last time: QM analytical model of HHG  
(Lewenstein model)

Radiation spectra found by evaluating  
 $x(t) = \langle \Psi(t) | x | \Psi(t) \rangle$ , where an approx.  
 analytic solution for  $|\Psi(t)\rangle$  is obtained from SFA

Results in:  

$$x(t) = 2 \operatorname{Re} \left\{ i \int_0^t dt' \int d^3p \cdot E \cos(t') \underbrace{\langle v(t') | x | 0 \rangle}_{d_x(t')} \cdot d_x^*(t) \cdot e^{-S(\vec{p}, t, t')} \right\}$$

using saddle-pt. method:  $\nabla_{\vec{p}} S(\vec{p}, t, t') = 0$  and  
 $d_x^*(t)$

integrating:

$$x(t) \approx i \int_0^\infty d\tau \left( \frac{\pi}{\epsilon + i\tau/2} \right)^{3/2} \underbrace{d_x^*(P_{st}(t, \tau) - A_x(t))}_{d_x(t^-)} \times$$

$$\underbrace{d_x(P_{st}(t, \tau) - A_x(t - \tau))}_{d_x(t^-)} E \cos(t - \tau) \times e^{i S_{st}(P_{st}(t, \tau))}$$

where  $\tau = t - t' \Rightarrow$  time spent in the continuum

where  $P_{st}(t, \tau) = E \frac{(\cos t - \cos(t - \tau))}{\tau}$

Note prefactor  $\sim \left( \frac{\pi}{\epsilon + i\tau/2} \right)^{3/2}$  reflects  $\frac{1}{\tau^{3/2}}$  diffusion of

the wavepacket

$\Rightarrow$  cuts off contributions from trajectories with excursion times,  $\tau$ , much larger than the cycle period.

Note: for a given  $\tau$ , only the classical trajectory makes a significant contribution to the HHG signal

(2)

$$S_{st}(p_{st}(t, \tau)) = \frac{1}{2} \int_{\substack{t-\tau \\ t'}}^t dt' (p_{st} - A(t'))^2 + I_p \tau$$

why  $\tau$  and not  $-t'$  like in SFA? (see below) page 3

$$= (I_p + U_p) \tau - 2 U_p \left[ \frac{1 - \cos(\tau)}{\tau} \right] - U_p C(\tau) \cdot \cos(2t - \tau) + I_p \tau$$

where  $U_p = \frac{1}{4} \cdot \left( \frac{E}{\omega} \right)^2 \Rightarrow$  ponderomotive energy

$$\text{and } C(\tau) = \sin(\tau) - 4 \frac{\sin^2(\tau/2)}{\tau}$$

Saddle point Eqs.:

(1)  $\nabla_p S(\vec{p}, t, \tau) = x(t) - x(t-\tau) = 0 \Rightarrow$  needed to perform the first integral over  $\vec{p}$  (last class)

(2)  $\frac{\partial S(\vec{p}, t, \tau)}{\partial \tau} = \frac{1}{2} (\vec{p} - A(t-\tau))^2 + I_p = 0 \Rightarrow$  was used to derive SFA tunneling rates  
 $t'$  complex for  $I_p \neq 0$   
 $|a_v|^2 = |\langle v | \Psi \rangle|^2$   
 (a few classes ago)

(3)  $\frac{\partial S(p, t, \tau)}{\partial t} = \frac{(p - A(t))^2}{2} - \frac{(p - A(t-\tau))^2}{2} = E = 2k + 1$

3 Eqs,  
3 unknowns:

$\Rightarrow$  comes from conservation of energy, whereby a harmonic of energy  $(2k+1)\hbar$  carries off the excess energy of the electron.

$\Rightarrow$  From condition (2), if  $I_p \neq 0$ , then

$\frac{1}{2} (\vec{p} - A(t-\tau))^2 = \frac{1}{2} v^2(t') = 0 \Rightarrow$  corresponds with the semiclassical assumption of  $v=0$  @ tunnel exit!

$\nearrow$   
time of ionization

Because  $I_p \neq 0$ ;  $t'$  is complex, with imaginary part corresponding to "under barrier motion".

Recall from SPA lecture:

$$\psi = \Psi(y, t) = -i \int_0^t dt' e^{-\frac{i}{2} \int_{t'}^t (P - A(t''))^2 dt''} d_x(t')$$

$$S(t, t') = \frac{1}{2} \int_{t'}^t (P - A(t''))^2 dt'' - I_p t'$$

then  $\frac{\partial S}{\partial t'} = 0 \Rightarrow \frac{1}{2} (P - A(t'))^2 + I_p = 0 \Rightarrow P_x = \frac{F}{\omega} \sin \omega t'$   
 $= i \sqrt{2I_p + V_{\perp}^2}$   
 $\approx i \sqrt{2I_p} (1 + \frac{V_{\perp}^2}{4I_p})$

$\Rightarrow$  from this, the standard momenta distributions were derived:

$$|\langle p | \Psi(t) \rangle|^2 \propto e^{-\frac{2(2I_p)^{3/2}}{3F}} e^{-\frac{P_{\perp}^2}{2\sigma_{\perp}^2}} \times e^{-\frac{P_x^2}{2\sigma_x^2}} e^{-2 \text{Im} S(t, t_{st})}$$

$$\sigma_{\perp} = \sqrt{\frac{\omega_L}{2\sigma}} ; \quad \sigma_x = \sqrt{\frac{3\omega_L}{2\sigma^3}}$$

$t_{st} = t_R + i t_{im}$   
 imaginary time: for  $\sigma \ll 1 \Rightarrow$   
 time electron appears @ tunnel exit  
 $t_{im} = \tau_{tunnel} = \frac{\sigma}{\omega} = \frac{\sqrt{2I_p}}{F}$

$\Rightarrow$  How did  $I_p \approx$  appear in  $S_{st}(p_{st}(t, \sigma))$  instead of  $I_p t'$ , like in  $S(t, t')$ ?

From  $x(t) = \langle \Psi(t) | x | \Psi(t) \rangle =$   
 $(\langle 0 | e^{-iI_p t} + \int d^3 v' \underbrace{\langle \Psi | v' \rangle}_{-I_p t'} \langle v' |$ )  $\times$   $(e^{iI_p t} | 0 \rangle + \int d^3 v \underbrace{\langle v | \Psi(t) \rangle}_{\text{contributes } e^{iI_p t'}} | v \rangle)$   
 where  $t' = t - \tau$

④

⇒ hence, we get  $I_p \cdot |t - t'| = I_p z$  instead of  $-I_p t'$

FROM (2)  $-\frac{1}{2} (\vec{p} - A(t-z))^2 = I_p$

(3) becomes:  $\frac{(p - A(t)) ^2}{2} + I_p = E_{kin}(t) + I_p = 2k + 1$

⇒ conservation of energy ⇒ the KE of electron upon return + ionization potential gives the energy of the emitted harmonic!

Cut-off harmonic:  $(2k+1)_{max} = \max Re \left( \frac{(\vec{p}_{sc}(z) - A(t(z)))^2}{2} \right) + I_p$   
maximum KE

where, from (1),  $p_{sc}(t, z) = \frac{E(\cos t - \cos(t-z))}{z}$

With classical trajectories, maximum  $E_{kin}$  is given by

$3.17 \cdot U_p$  ("the simpleman's model" or SM model)

⇒ However, SM assumes electron starts with  $v=0$  & returns to the same point

⇒ In reality, tunnel exit:  $x_0 \approx \frac{I_p}{E(t')}$  ⇒ the

electrons thus acquire additional KE as they move from  $x_0$  to the origin

⇒ Therefore, the exact quantum cut-off law is

actually  $(2k+1)_{max} \approx 1.32 I_p + 3.17 U_p$ , rather

than  $(2k+1)_{max} = I_p + 3.17 U_p$

Recap: Need to evaluate  $x(t)$ , which involves an integral over  $\int_0^t dt' \int d^3 \vec{p} \dots$

Both integrals can be evaluated using saddle-pt. method: (1)  $\nabla_{\vec{p}} S(\vec{p}, t, \tau) = 0$ ; (2)  $\frac{\partial S(\vec{p}, t, \tau)}{\partial \tau} = 0$

$\Rightarrow$  SP method is asymptotically exact, provided  $U_p, I_p$  &  $K$  are large enough.

$\Rightarrow$  Harmonic intensity of  $2k+1$  harmonic transform of  $x(t) \Rightarrow X_{2k+1} = \frac{1}{2\pi} \int_{t_0}^{t_0+2\pi} dt x(t) e^{(2k+1)it}$

Conditions (1)-(3) can already be used to derive the QM. cut-off law, without explicitly computing  $x(t)$ .

$\Rightarrow$  Inserting  $P_{st}(t, \tau) = \frac{E(\cos t - \cos(t-\tau))}{\tau}$  into (2)

or  $\frac{1}{2} (P_{st} - E \sin(t-\tau))^2 + I_p = 0$ , we get:

$$\sin(t - \tau/2) a(\tau) - \cos(t - \tau/2) s(\tau) = i \sqrt{\frac{I_p}{2U_p}}$$

where  $a(\tau) = \cos(\tau/2) - \frac{2\sin(\tau/2)}{\tau}$ ;  $s(\tau) = \sin(\tau/2)$  (6)

Inserting into condition (3); results in:

$$f(\tau) + i \sqrt{\frac{I_p}{2U_p}} g(\tau) = \frac{2k+1}{U_p} \quad \text{condition (3)}$$

where  $f(\tau) = \frac{8 \left( a^2(\tau) s^2(\tau) \left[ s^2(\tau) + a^2(\tau) + \frac{I_p}{U_p} \right] \right)}{\left[ s^2(\tau) + a^2(\tau) \right]^2}$

$$g(\tau) = \frac{8 a(\tau) s(\tau) \left[ a^2(\tau) - s^2(\tau) \right] \sqrt{s^2(\tau) - a^2(\tau) + \frac{I_p}{2U_p}}}{\left( s^2(\tau) + a^2(\tau) \right)^2}$$

Quantum cut-off given by:

$$(2k+1)_{\max} = U_p \max \operatorname{Re} \left( f(\tau) + i \sqrt{\frac{I_p}{2U_p}} g(\tau) \right)$$

Note involves maximization wrt  $\tau$  only

with a constraint:  $\operatorname{Im} \left( f(\tau) + i \sqrt{\frac{I_p}{2U_p}} g(\tau) \right) = 0$

→ Results in  $(2k+1)_{\max} = 3.17 U_p + I_p F \left( \frac{I_p}{U_p} \right)$

For  $I_p \ll U_p$ ; the cut-off is given by:

$$(2k+1)_{\max} \approx 3.17 U_p + 1.32 I_p$$