## Parametric Symmetry Breaking in a Nonlinear Resonator

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Much of the physical world around us can be described in terms of harmonic oscillators in thermodynamic equilibrium. At the same time, the far-from-equilibrium behavior of oscillators is important in many aspects of modern physics. Here, we investigate a resonating system subject to a fundamental interplay between intrinsic nonlinearities and a combination of several driving forces. We have constructed a controllable and robust realization of such a system using a macroscopic doubly clamped string. We experimentally observe a hitherto unseen double hysteresis in both the amplitude and the phase of the resonator's response function and present a theoretical model that is in excellent agreement with the experiment. Our work unveils that the double hysteresis is a manifestation of an out-of-equilibrium symmetry breaking between parametric phase states. Such a fundamental phenomenon, in the most ubiquitous building block of nature, paves the way for the investigation of new dynamical phases of matter in parametrically driven many-body systems and motivates applications ranging from ultrasensitive force detection to low-energy computing memory units.

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Parametric excitation of resonators plays an important role in many areas of science and technology. In its bestknown form, parametric excitation describes the modulation of a resonator's natural frequency at twice the natural frequency itself [1–4]. In this case, energy is pumped into or out of the resonator depending on the phase of the modulation relative to the oscillation. This general concept can be found in optical, electrical and mechanical resonators. It finds application in a wide range of fields including signal amplification and noise squeezing [5–15] with contemporary proposals also including topological chiral amplifiers [16], generation of quantum entanglement [17,18], as well as mechanical logic operations with the so-called parametron [19–22].

The last decade has seen remarkable progress in the fabrication and control of nanomechanical resonators which serve as an ideal platform for harnessing parametric excitations [23–25]. As the resonators scale down, they attain unprecedented sensitivity towards minute masses, forces, and magnetic moments [26–28]. At the same time, they enter a regime where nonlinearities become a defining characteristic that offers new functionality for parametrical detectors [24,25,29–31]. Indeed, for sufficiently strong parametric driving, the effective damping of the linear resonator becomes negative and the oscillation amplitude is stabilized by nonlinearities [32].

The negative effective damping regime of the parametric resonator is particularly interesting because it features two stable oscillation solutions [4]. These solutions, which we term "parametric phase states" for the rest of this Letter, are a result of the double periodicity of the parametric excitation. They are degenerate in amplitude, but phase shifted by  $\pi$ , and they are fascinating because they allow for

the study of broken time-translation symmetry and fluctuation-activated interstate switching in both classical and quantum systems [33–35]. Recently, it was shown that an external force can lift the amplitude degeneracy between the parametric phase states [31]. This degeneracy lifting becomes pronounced in the presence of nonlinear damping and leads to a robust double hysteresis in the frequency-swept response of the resonator, which can be used to measure small near-resonant forces [31].

In this Letter, we report the first experimental demonstration of the double-hysteretic response and show that it is intimately linked to symmetry breaking between parametric phase states. As a demonstrator, we use a macroscopic mechanical resonator that is similar to state-of-the-art nanomechanical resonators in terms of nonlinear characteristics while offering easy tuning and a signal-to-noise ratio that is rarely attained in nanomechanical devices. We find a complex interplay between driving forces and nonlinearities that leads to multistability in amplitude and phase as a function of driving frequency. In parallel, we present a theoretical model that accurately describes our measurements and lends insight into the governing mechanisms. As an outlook, we describe applications that will profit directly from our study.

Our experimental setup consists of a doubly clamped steel string, see Fig. 1. The string acts as an Euler-Bernoulli beam in the high-tension limit [32]. Parametric excitation is realized by modulation of the position of one clamping point to change the tension inside the string. The motion of the string at angular frequency  $\omega$  is transduced into a voltage and read out via a lock-in amplifier [36]. The lowest energy mode of the device satisfies the well-known equation of motion for a nonlinear, parametrically excited resonator [32],



FIG. 1. Experimental realization of a parametric resonator based on a doubly clamped steel string ( $0.23 \text{ mm} \times 0.23 \text{ mm} \times 0.36 \text{ m}$ ). Direct driving at frequency  $\omega$  and parametric excitation at frequency  $2\omega$  rely on ac currents through coils induced by voltages  $V_{\text{drive}}$  and  $V_{\text{para}}$  acting on the weakly magnetized steel wire and on a neodymium magnet (yellow element), respectively [36]. The force acting on the magnet slightly displaces the right clamping point of the string. This displacement changes the tension in the string and generates a parametric modulation. The string position is read out from the voltage  $V_{\text{meas}}$  that is induced in a pickup coil by the vibrating and weakly magnetized string.

$$\ddot{x} + \omega_0^2 [1 - \lambda \cos(2\omega t)] x + \Gamma \dot{x} + \alpha x^3 + \eta x^2 \dot{x}$$
$$= (F_0/M) \cos(\omega t + \phi), \tag{1}$$

where x is the displacement of the resonator and dots mark differentiations with respect to time t. The modulation amplitude  $\lambda$  controls the parametric excitation and  $\Gamma = \omega_0/Q$  is the linear damping coefficient with Q the mechanical quality factor. The nonlinearities  $\alpha$  and  $\eta$  denote the conservative (Duffing type) and dissipative nonlinearities, respectively.  $F_0$  is the amplitude of an applied external force, M is the effective mass of the resonator, which here is equal to half the total mass, and  $\phi$  is a phase difference between applied force and parametric excitation [36].

We use relatively weak external driving to characterize the linear behavior of the device. Figure 2(a) shows the response of the lowest mechanical mode to driving voltages  $V_{\text{drive}}$  from 3.15 to 215 mV. Optical calibration allows us to translate measured voltage amplitudes,  $V_{\text{meas}}$ , into root-mean-square displacement, r, with a conversion factor of  $3.55 \times 10^{-2} \text{ m/V}_{\text{meas}}$  [36]. We estimate the mass to be  $M = 6.5 \times 10^{-5}$  kg from the geometry of the string and the density of steel, and fit all response curves with  $\omega_0/2\pi \sim 325$  Hz and Q = 1800. The response curves have a purely electrical offset which grows in proportion to  $V_{\text{drive}}$ . For small displacements, the peak response is proportional to  $V_{\text{drive}}$ . This allows us to extract a linear relationship between driving voltage and applied force as  $F_0 = 4 \times 10^{-5}$  N/V<sub>drive</sub>.

To access the nonlinear regime of large displacement amplitudes, we parametrically excite the device. In the absence of an external driving force, we measure large and stable vibrations for values of the parametric excitation voltage  $V_{\text{para}}$  beyond a threshold of 0.6 V, see Fig. 2(b). Using the relationship between linear damping and the parametric instability threshold,  $\lambda_{\text{th}} = 2/Q$  [32], we can calibrate the modulation amplitude as  $\lambda = \lambda_{\rm th} V_{\rm para}/V_{\rm th} \approx V_{\rm para}/540$  V. Additionally, we obtain the nonlinear parameters  $\alpha = 2.45 \times 10^{10}$  m<sup>-2</sup> s<sup>-2</sup> and  $\eta = 1.73 \times 10^6$  m<sup>-2</sup> s<sup>-1</sup> by fitting all response curves with the well-known solution of the homogeneous case of Eq. (1), with  $F_0 = 0$  [32]. Our fitting relies on the fact that the nonlinear response maps the edges of the so-called "Arnold's tongue," i.e., the instability boundaries of the linear parametric resonator, see the dashed lines in Fig. 2(b).

A striking interplay unfolds when parametric excitation and external driving act simultaneously. In Fig. 2(c), the measured displacement amplitude for an upward frequency sweep exhibits a single jump (at the boundary between domains III and IV), akin to the jump expected in standard externally driven Duffing resonators in the absence of parametric excitation. However, for downward frequency sweeps, a double hysteresis appears and the response displays two consecutive jumps (at the III-II and II-I boundaries, respectively). While the jumps (III-IV) and (III-II) describe the typical hysteresis for externally driven Duffing resonators, the second jump (II-I) is a novel feature that stems from an interplay with parametric excitation and has not been seen before in an experiment. The same hysteretic responses are more prominent in the measured oscillation phase  $\theta_{\text{meas}}$ , see Fig. 2(d).

For a detailed investigation of these features seen in the amplitude and phase measurements, we solve (1) using the approach discussed in Ref. [31]. Going beyond our previous work [31], we show here that the double hysteresis arises due to a fundamental symmetry breaking between the parametric phase states. We note that Eq. (1) can be written as two coupled first-order differential equations. Close to the first instability tongue, we transform to a rotating frame characterized by the driving frequency  $\omega$  and obtain the following equations of motion for the displacement amplitude, *r*, and phase,  $\theta$ , averaged over one period of the motion:

$$\dot{r} = -\frac{\alpha r \omega (4\Gamma + \eta r^2) + 2\alpha k \lambda r \sin 2\theta + 4F_0 \alpha \sin (\theta - \phi)}{8\omega k \sqrt{\alpha M}},$$
(2)

$$\dot{\theta} = \frac{\omega_0}{2\omega} \left( \frac{3\alpha r^2}{4k} + 1 - \frac{\omega^2}{\omega_0^2} - \frac{\lambda}{2} \cos 2\theta - \frac{F_0}{kr} \cos \left(\theta - \phi\right) \right),\tag{3}$$

where  $k = M\omega_0^2$ . The steady state response is obtained by setting  $\dot{r} = \dot{\theta} \equiv 0$ . Solving the resulting coupled equations, we obtain the basins of attraction of the system in terms of  $u = r\cos(\theta)$  and  $v = r\sin(\theta)$ . In the presence of both drives, the number of physical solutions varies from one to five depending on  $\omega$  [31]. Similar equations were studied in the context of driven van der Pol oscillators, albeit with negative  $\Gamma$  and for  $\alpha = 0$  [38]. Using the experimentally extracted values for the resonator parameters, we find that the



FIG. 2. Device response to the various drives. (a) Linear response with weak external drive amplitudes  $V_{\text{drive}} = 3.15, 7.33, 17.1, 39.7, 92.0, \text{ and } 215 \text{ mV}$  and with  $V_{\text{para}} = 0$ . The background increase is due to direct electrical coupling between the drive and detection coils. (b) Response to parametric excitation with  $V_{\text{drive}} = 0$  and  $V_{\text{para}} = 0.6-1.0$  V in steps of 0.05 V. Curves are vertically offset by 10 mV for better visibility and instability boundaries are traced by gray dashed lines. Inset shows onset of instability for  $V_{\text{para}} = 0.6 \text{ V} \equiv V_{\text{th}}$ . Black dots denote experimental data and all theoretical fits (red solid lines) use Q = 1800,  $\alpha = 2.45 \times 10^{10} \text{ m}^{-2} \text{ s}^{-2}$  and  $\eta = 6.8 \times 10^6 \text{ m}^{-2} \text{ s}^{-1}$ . (c),(d) First experimental demonstration of double-hysteretic response: (c) mean displacement and (d) oscillation phase as a function of  $\omega$  for both upward sweep (black line-dots) and downward sweep (red line-dots). Four domains (I–IV) of the response appear. Here,  $V_{\text{drive}} = 0.1 \text{ V}$ ,  $V_{\text{para}} = 0.8 \text{ V}$  and  $\phi = -45^\circ$ . Theory curves are gray dashed lines, cf. Eqs. (2) and (3). (e) For the fitted parameters, representative calculated stability maps of the system in the four domains at  $\omega = 0.9997\omega_0$  in I,  $\omega = 1.0\omega_0$  in II,  $\omega = 1.0003\omega_0$  in III and  $\omega = 1.0006\omega_0$  in IV. Stable solutions (dark red lines) and unstable solutions (bright yellow lines), as well as the bifurcations (grey spheres) as a function of  $\omega$  are also shown. In (f) and (g), the corresponding solutions for purely external ( $\lambda = 0$ ,  $F \neq 0$ ) or parametric drives ( $\lambda \neq 0$ , F = 0) are shown. The range of  $u = r \cos(\theta)$  and  $v = r \sin(\theta)$  axes corresponds to  $\pm 0.65$  mm for (e) and (g), and  $\pm 0.065$  mm for (f).

model results, which are shown in Figs. 2(c) and 2(d), are in excellent agreement with the experiment and allow an unambiguous interpretation of the measured phenomena.

In Fig. 2(e), we plot the calculated  $\omega$ -dependent stability diagram of the system. It shows the basins of attraction of the system for domains I–IV along with the evolution of stable attractors and unstable saddle points. One can see clearly how, as a function of  $\omega$ , the total number of stationary solutions increases (decreases) due to generation (annihilation) of pairs of stable-unstable solutions at bifurcation points (see grey spheres in the figure). Correspondingly, in each domain, we have a different number of solutions, i.e., a single solution in I, three in II, five and three in III (three in the small frequency range between the two bifurcation points), and one in IV. Following the evolution of the stable solutions with increasing or decreasing  $\omega$  reveals the origin of the second hysteretic jump in both amplitude and phase.

It is instructive to compare the stability diagram in Fig. 2(e) to its two limiting cases, namely, the system in the presence of purely external driving or purely parametric excitation. The corresponding stability diagrams are shown in Figs. 2(f) and 2(g), respectively. Intuitively, we can construct the full stability diagram from the purely parametric case by regarding the external drive as a perturbation. As a consequence of this perturbation, the parametric phase states are no longer symmetric and the trivial solutions (r = 0) seen in Fig. 2(g) are shifted toward finite amplitudes. Importantly, an opposite phase is imprinted on the stationary solution by the external drive in regions I and IV. As a combined result of these two effects, for opposing directions of frequency sweeps, a different parametric phase state is chosen and the double hysteresis is seen.

The central observation of the theoretical analysis above is that the amplitude degeneracy and phase symmetry of



FIG. 3. Role of relative phase  $\phi$  between drives. Pulse schematics at the bottom illustrate the order of driving or excitation voltages as a function of time for the two experiments. (a) We prepare the resonator at low amplitude *r* with  $V_{\text{drive}} = 0.1$  V at a fixed frequency in domain II (inner ring). When switching on  $V_{\text{para}} = 0.8$  V, the resonator rings up to one of the attractors [cf. Fig. 2(e)]. Different trajectories use different values of  $\phi$ . Radial scale is logarithmic. Inset in upper left schematically indicates frequency. (b) Reversing the order of (a), we prepare the resonator with  $V_{\text{para}} = 0.8$  V in a pure parametric phase state, then switch on  $V_{\text{drive}} = 0.1$  V with varying  $\phi$ . Here, scale is linear. A green frame in (a) indicates the approximate coordinate range of the experiment in (b).

parametric phase states are broken by the external driving force. In order to verify this claim, we experimentally probe the stability diagram of the resonator in domain II, see Fig. 3(a). We prepare the resonator at a fixed frequency and with low amplitude using a small external drive. The phase of the external drive, or, equivalently, the phase difference  $\phi$ , determines the starting position of the resonator on the inner circle ( $\sim 1 \text{ mV}$ ). Upon activating the parametric excitation, the resonator rings up and settles around one of two attractors, corresponding to one of the perturbed phase states. Clearly, the phase of the starting point determines which attractor is chosen. A red dashed line visualizes the separatrix stemming from the saddle point associated with the unstable branch, i.e., the boundary between starting points leading to one or the other attractor. Since the imprinted initial phase  $\phi$  determines which parametric phase state is chosen, the double hysteresis is visible only for an appropriate range of  $\phi$ . This is systematically explored in the Supplemental Material [36].

To show the one-to-one correspondence between the pure and perturbed parametric phase states, we prepare the resonator in one of the pure phase states with only parametric excitation, see Fig. 3(b). When the external drive is added, the resonator solution shifts away from—and settles on a ring around—the center of the plot. Again, the final position on the ring depends on  $\phi$ . Apart from the fact that the perturbed attractors can be mapped onto the original parametric phase states, this experiment also demonstrates that the perturbed phase states are stable for all values of  $\phi$ , even if the system would preferably select the opposite phase state [as shown in Fig. 3(a)].

FIG. 4. Proposed new parametron control sequence enabled by double hysteresis. (a) Schematic parametric NEMS device with electrodes for drive tones and control voltage.  $V_{\text{para}}$ ,  $V_{\text{drive}}$ , and  $V_{\text{dc}}$  refer to a parametric drive tone applied at  $2\omega_{\text{drive}}$ , an external drive tone at  $\omega_{\text{drive}}$ , and a dc control voltage, respectively. (b) In the proposed control sequence, the driving frequency  $\omega_{\text{drive}}$  and the relative phase  $\phi$  remain fixed, whereas the resonance frequency of the resonator is tuned by  $V_{\text{dc}}$ . Whenever  $\omega_{\text{drive}}$ coincides with domain II, the resonator switches to one of the parametric phase states "0" or " $\pi$ " (shaded regions). Which state is chosen depends on the domain in which the resonator was prepared previously.

The double hysteresis may allow ultrasensitive and relatively straightforward force detection deep in the nonlinear regime of motion (Ref. [31]). In addition, the double hysteresis opens up new possibilities to control the parametron, a digital storage element that utilizes the parametric phase states to encode bits [19]. Optical and mechanical manifestations of coupled parametrons, where each phasestate doublet plays the role of an artificial spin, are being developed to emulate and solve Ising Hamiltonians [39,40]. In conventional computing, the parametron is a candidate for low-energy consumption memory [20]. As we visualize in Fig. 4 for the example of a nanomechanical resonator, the double hysteresis allows for switching between phase states in a controlled manner without changing amplitude, frequency, or phase of the external drive tone (applied at  $\omega_{\rm drive}$ ) and the parametric drive tone (applied at  $2\omega_{\rm drive}$ ). Parametric state switching is performed by changing the resonance frequency of the nanomechanical resonator with a small dc voltage. The parametron resides in one of the two phase states whenever domain II of the resonator overlaps with  $\omega_{\rm drive}$ . Which phase state is selected depends entirely on whether the resonator was previously prepared in domain I or IV. Each parametron can thus be fully controlled by changing a single dc voltage instead of requiring two independent ac voltages, which greatly simplifies the large-scale implementation of many such devices, for instance on an integrated chip. For the device used in Ref. [20], a dc voltage of  $\sim 0.2$  V would be enough to tune the resonator, while the AC drive voltages would be in the  $\mu V$  range.

The analysis that we present here is valid for any nonlinear resonator subject to a combination of parametric excitation and external driving. Such resonators are actively studied in many modern fields of physics, with examples including levitating nanoparticles [41], coupled photonic microcavities [42], nanomechanical resonators and optomechanics, and quantum electrodynamics [43], and more recently even in the generation of superconductivity in strongly correlated light-matter systems [44,45]. Future directions include generalization of our results to dynamic quantum many-body systems and coupled resonators in the presence of noise.

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