

# Factors implicated in eating behavior and weight management

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## Swiss Food Panel 2.0

Assessment of eating behaviors and underlying psychological mechanisms

Selected main topics:

- Food consumption frequencies
- Weight management
- Physical activity



A longitudinal study examining the influence of diet-related compensatory behavior on health and weight management

## Body Scan Study

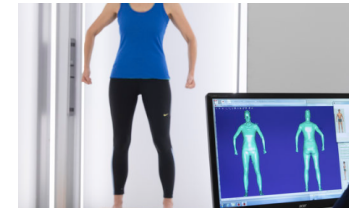
Collaboration project with UZH, Institute for Evolutionary Medicine

3D body scanning

- Body volumes and
- circumferences

Bioelectric impedance analysis

- Body composition



The link between intake patterns of various food groups and anthropometric characteristics of the human body

A longitudinal investigation of the link between changes in food consumption frequencies, nutrition psychological characteristics and anthropometric features of the human body